

swim therapy for dogs

swim therapy for dogs is an increasingly popular form of canine rehabilitation that offers numerous physical and psychological benefits. This specialized aquatic exercise is designed to improve mobility, reduce pain, and aid recovery from injuries or surgeries. Dogs of all breeds and sizes can benefit from swim therapy, especially those suffering from arthritis, hip dysplasia, or neurological conditions. The buoyancy of water supports the dog's weight, minimizing joint stress while allowing for effective muscle strengthening. Additionally, swim therapy can enhance cardiovascular health, flexibility, and overall endurance. This article explores the various aspects of swim therapy for dogs, including its benefits, the types of conditions it can help, how sessions are conducted, and important safety considerations.

- Benefits of Swim Therapy for Dogs
- Conditions Treated with Swim Therapy
- How Swim Therapy Sessions Are Conducted
- Safety and Precautions in Swim Therapy
- Choosing a Swim Therapy Provider

Benefits of Swim Therapy for Dogs

Swim therapy for dogs provides a wide range of therapeutic advantages that contribute to improved health and quality of life. The unique properties of water offer resistance and support, making aquatic therapy an excellent method for rehabilitation and exercise.

Improved Joint Mobility and Pain Relief

Water buoyancy reduces the impact on joints, which is particularly beneficial for dogs with arthritis or joint pain. The gentle resistance strengthens muscles around the joints, enhancing stability and reducing discomfort.

Muscle Strengthening and Conditioning

Swimming engages multiple muscle groups simultaneously without the strain associated with weight-bearing exercises. This leads to increased muscle tone, endurance, and overall fitness.

Cardiovascular Health Enhancement

Regular swim therapy sessions improve heart and lung function by providing a low-impact cardiovascular workout. This is especially useful for overweight dogs or those recovering from surgery who need controlled exercise.

Weight Management

Because swimming burns calories while being easy on the body, it is an effective way to help overweight or obese dogs lose weight safely, reducing stress on joints and improving mobility.

Psychological and Behavioral Benefits

Swim therapy can also reduce anxiety and improve mood in dogs by providing stimulating and enjoyable physical activity. It can be especially beneficial for dogs recovering from trauma or surgery.

Conditions Treated with Swim Therapy

Swim therapy for dogs is applicable to a wide variety of medical and orthopedic conditions. Its versatility makes it a valuable tool in veterinary rehabilitation.

Arthritis and Degenerative Joint Disease

Dogs suffering from arthritis benefit significantly from swim therapy as it helps maintain joint flexibility and reduce inflammation without the stress of weight-bearing exercises.

Post-Surgical Rehabilitation

After procedures such as cruciate ligament repair, hip replacement, or fracture healing, swim therapy aids in regaining strength and range of motion while minimizing pain.

Neurological Disorders

Conditions such as intervertebral disc disease or nerve damage can impair mobility. Swim therapy promotes muscle re-education and coordination, facilitating improved movement.

Obesity and Fitness Improvement

Overweight dogs often face mobility challenges. Swim therapy provides an effective exercise alternative to help manage weight and improve cardiovascular fitness.

How Swim Therapy Sessions Are Conducted

Swim therapy for dogs is typically administered under the guidance of trained veterinary rehabilitation professionals. Sessions are tailored to the individual dog's needs and condition.

Initial Assessment and Customization

Before beginning therapy, a thorough evaluation of the dog's health status, mobility, and specific rehabilitation goals is conducted. This assessment informs the design of a personalized swim program.

Use of Specialized Equipment

Many facilities use canine-specific swim pools or underwater treadmills. These controlled environments allow therapists to monitor the dog's movement and adjust water resistance and depth for optimal benefit.

Session Structure and Duration

Swim therapy sessions usually start with short durations, gradually increasing as the dog builds stamina and strength. A typical session lasts between 10 and 30 minutes, including warm-up and cooldown periods.

Techniques and Exercises

Therapists may incorporate various swimming techniques or encourage specific movements to target certain muscle groups. Floating devices or harnesses may be used to support dogs that are weak or recovering.

Safety and Precautions in Swim Therapy

Ensuring the safety of the dog during swim therapy is paramount. Proper precautions minimize risks and maximize therapeutic outcomes.

Health Screening Prior to Therapy

Dogs should undergo a veterinary health check to rule out conditions that may contraindicate aquatic exercise, such as uncontrolled heart disease or infections.

Supervision and Monitoring

Professional supervision during swim sessions ensures that dogs do not overexert themselves and that any signs of distress are promptly addressed.

Water Quality and Temperature

Maintaining clean water and appropriate temperatures (usually between 85-90°F) prevents infections and ensures comfort for the dog.

Gradual Progression

Introducing swim therapy gradually helps dogs adapt physically and psychologically, reducing the risk of injury or stress.

Choosing a Swim Therapy Provider

Selecting a qualified and experienced swim therapy provider is critical to achieving the best results for canine rehabilitation.

Qualifications and Certifications

Look for facilities staffed by certified canine rehabilitation therapists or veterinary professionals trained in aquatic therapy techniques.

Facility Standards and Equipment

A reputable provider should have specialized pools or treadmills designed for canine use, with appropriate safety features and hygiene protocols.

Customized Therapy Plans

Effective providers tailor swim therapy programs to the individual dog's needs, regularly assessing progress and adjusting treatment accordingly.

Client Reviews and Recommendations

Feedback from other pet owners and veterinarians can help identify trustworthy and effective swim therapy services.

- Comprehensive health evaluation before therapy
- Certified rehabilitation professionals
- Use of canine-specific aquatic equipment
- Individualized treatment plans
- Strict hygiene and safety protocols

Frequently Asked Questions

What is swim therapy for dogs?

Swim therapy for dogs is a form of hydrotherapy that involves guided swimming sessions to help improve a dog's physical health, mobility, and recovery from injuries or surgeries.

What are the benefits of swim therapy for dogs?

Swim therapy can help increase muscle strength, improve joint mobility, reduce pain and inflammation, enhance cardiovascular fitness, and support rehabilitation for dogs with arthritis, hip dysplasia, or post-surgical recovery.

Is swim therapy safe for all dog breeds?

While swim therapy is generally safe for most dog breeds, it is important to consult a veterinarian before starting, especially for dogs with certain health conditions or those not accustomed to swimming, to ensure it is appropriate and safe for them.

How often should a dog participate in swim therapy sessions?

The frequency of swim therapy sessions depends on the dog's condition and treatment goals, but typically sessions are held 2-3 times a week under professional supervision to achieve optimal results.

Can swim therapy help older dogs with arthritis?

Yes, swim therapy is highly beneficial for older dogs with arthritis as the buoyancy of water reduces stress on joints while allowing gentle exercise, which can help alleviate pain and improve mobility.

Additional Resources

1. *Healing Paws: The Comprehensive Guide to Swim Therapy for Dogs*

This book offers an in-depth exploration of swim therapy techniques tailored specifically for dogs recovering from injuries or managing chronic conditions. It covers the benefits of aquatic exercise, safety precautions, and step-by-step instructions to help dog owners and therapists implement effective swim programs. Filled with case studies and expert advice, it's a valuable resource for both beginners and professionals.

2. *The Canine Aquatic Rehab Handbook*

Focused on rehabilitation through water therapy, this handbook guides readers through the principles of hydrotherapy for dogs. It explains the anatomy and physiology behind swim therapy, different pool setups, and customized routines for various ailments. The book also includes tips on motivating dogs and tracking their progress in a therapeutic setting.

3. *Water Wellness: Enhancing Your Dog's Health with Swim Therapy*

This title emphasizes the holistic health benefits of swimming for dogs, from improving mobility and strength to reducing anxiety and weight. It provides practical advice on incorporating swim sessions into daily routines, choosing the right equipment, and understanding when swim therapy is appropriate. Readers will find inspiring stories of dogs who have thrived thanks to aquatic exercise.

4. *Doggy Swim Therapy: Techniques and Training for Rehabilitation*

A practical guide designed for trainers, veterinarians, and pet owners interested in the rehabilitative power of swim therapy. It details various aquatic exercises, conditioning methods, and rehabilitation protocols for common canine injuries. The book also addresses challenges such as fear of water and proper monitoring during therapy sessions.

5. *Hydrotherapy for Dogs: A Step-by-Step Approach to Swim Therapy*

This book breaks down swim therapy into easy-to-follow steps, making it accessible for pet owners new to canine hydrotherapy. It discusses pool design, water temperature, and safety measures, alongside exercises that target specific muscle groups and joints. Illustrated with photos and diagrams, it serves as a practical manual for effective aquatic rehabilitation.

6. *Swimming with Your Dog: A Guide to Therapeutic Water Exercise*

Ideal for dog owners who want to engage in swim therapy alongside their pets, this book combines bonding techniques with therapeutic exercises. It encourages interactive sessions that promote physical healing and emotional well-being. The guide also covers how to recognize signs of fatigue and stress during aquatic activities.

7. *Canine Swim Therapy for Arthritis and Mobility Issues*

Specializing in arthritis management through swimming, this book explains how hydrotherapy can alleviate pain and improve joint function in aging or arthritic dogs. It offers tailored swim routines designed to increase flexibility and reduce inflammation. The author includes advice on combining swim therapy with other treatments for holistic care.

8. *The Science of Canine Hydrotherapy*

This title delves into the scientific research underpinning swim therapy for dogs, including physiological responses and therapeutic outcomes. It reviews studies on water buoyancy, resistance, and temperature effects on canine rehabilitation. Perfect for veterinary students and professionals, it bridges theory and practical application in canine hydrotherapy.

9. *Fun and Fitness: Using Swim Therapy to Boost Your Dog's Quality of Life*

Highlighting the fun aspect of swim therapy, this book shows how regular aquatic exercise can enhance a dog's physical fitness and mental health. It provides creative games and exercises that keep dogs engaged while benefiting their muscles and cardiovascular system. The book also shares tips on making swim therapy a positive experience for all dog breeds.

Swim Therapy For Dogs

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swim therapy for dogs: Swim to Recovery Emily Wong, 2012-01-01 This unique book explores canine hydrotherapy, rehabilitation and weight management, and how these can improve your dog's well-being. A type of aquatic exercise, hydrotherapy can help prevent and treat medical problems and pre-/post-operative conditions in dogs, and can also be used for rehabilitation and maintaining health and fitness in your dog. Obesity is one of the most common issues that domestic dogs face today, and this book brings awareness to the matter, suggesting preventative measures and simple husbandry tips that the owner can use to safeguard their dog's welfare. Supplemented by illustrations and color photographs of patients undergoing rehabilitation, this book is ideal for all dog owners. Includes: An explanation of canine hydrotherapy • Actual case studies of dogs at the Animal Magic Fitness Centre • Alternative/complementary treatments for dogs • A canine hydro-therapist at work • Canine health issues, clinical signs, prevention, treatment

swim therapy for dogs: Canine Rehabilitation and Physical Therapy Darryl Millis, David Levine, 2013-10-25 Bridging the gap between human physical therapy and veterinary medicine, *Canine Rehabilitation and Physical Therapy*, 2nd Edition provides vets, veterinary students, and human physical therapists with traditional and alternative physical therapy methods to effectively evaluate and treat dogs with various debilitating conditions. Coverage includes treatment protocols

for many types of cutaneous, neurologic, and musculoskeletal injuries to facilitate a faster and more complete recovery. Overall, this book is an extensive text for anyone interested in pursuing canine rehabilitation and physical therapy. Reviewed by: Helen Davies, University of Melbourne on behalf of Australian Veterinary Journal, March 2015 Invaluable protocols for conservative and postoperative treatment ensure the successful healing of dogs and their return to full mobility. Printable medical record forms on the companion website, including client information worksheets, referral forms, orthopedic evaluation forms, and more, can be customized for your veterinary practice. Six completely updated chapters on exercising dogs define the basic principles of aquatic and land-based exercise and how they may be applied to dogs, as well as how physical therapy professionals can adapt common human exercises to dogs. Numerous chapters on therapeutic modalities, including therapeutic lasers, illustrate how physical therapy professionals can adapt common human modalities to dogs. Physical examination chapters offer comprehensive information on orthopedics, neurology, and rehabilitation. New chapters keep you up to date with coverage of joint mobilization, rehabilitation of the athletic patient, biomechanics of rehabilitation, and physical therapy for wound care. A companion website includes 40 narrated video clips of various modalities and exercises used to correct problems with lameness, hip disorders, and gait analysis, plus downloadable and printable orthopedic, neurologic, and physical rehabilitation forms, in addition to a client information worksheet, referral form and letter, and a daily flowsheet form.

swim therapy for dogs: Mixed Breeds For Dummies Miriam Fields-Babineau, 2020-09-17 Own and care for a classy dog—no pedigree required! All dogs are unique—but mixed breeds are even more so! The new edition of *Mixed Breeds For Dummies* helps you count the ways, walking you through the latest on choosing, training, and caring for a non-traditionally pedigreed pup. Whether you prefer mystery mixes or designer Labradoodles, winsome rescues or pampered pups from a breeder, you'll find everything you need to know and more about your new faithful friend—including the science on why they frequently enjoy better health than most pedigreed breeds and often make better domestic companions! In her friendly, dog-whisperer style, professional animal trainer and prolific author, Miriam Fields-Babineau, begins with tips on choosing the mix that's right for you, setting up a puppy-friendly environment, and making sure your larder is stocked with healthy foods they'll love. Once you're confident your new pal is happily settled in, she clues you in on the best (and most enjoyable) ways to exercise together for maximum fitness, finding a vet you trust (and administering first aid yourself), as well as schooling you in the latest animal psychology-based training methods to ensure you both know where you stand (or sit). You'll also discover ways to get to know your friend even better—from exercises to test their temperament to delving into the secrets hidden in their DNA! Decide which mix is the one for you Keep your furry friend healthy, from puppy to senior Establish discipline and overcome common training challenges Socialize your dog at a mixed-breed club From walks and games on the beach to cozy nights in your happy home, there's a lot of fun to look forward to with your not-quite-best-in-show but much-loved best friend. This book will ensure you and your mixed-breed pal will live happily and healthily ever after!

swim therapy for dogs: You Tell Your Dog First Alison Pace, 2012-11-06 You Tell Your Dog First... About the date you just had...about the questionable results of a medical test...about the good and the bad...about everything. For years, award-winning author Alison Pace was a dog person without a dog. And then, she got Carlie—a feisty and fluffy West Highland white terrier. She could weed out bad boyfriends with a sniff of her button-black nose and win the hearts of lifelong friends with an adoring gaze. Suddenly, Alison had a constant companion and confidante, who went with her on long morning rambles in Central Park, on trips to the country and the beach, and on her search for inner peace, love, and happiness. Through Carlie, Alison found herself connected to the world as never before. With her trademark warmth, wit and humor, Alison shares her stories...the tales of a dog person who found her dog.

swim therapy for dogs: The Pet Lover's Guide to Canine Arthritis & Joint Problems Kurt Schulz, 2006-01-01 Covering the most common joint disease in dogs, including osteoarthritis, this handbook explains treatment options, including nutrition and weight management, exercise,

physical therapy, medications and other supplements, surgical interventions, and alternative therapies (acupuncture, chiropractic, and herbal medicine).

swim therapy for dogs: *101 Ways to Do More with Your Dog* Kyra Sundance, 2010-10-01 Play, jump, drive, pull, help, or just soak up the limelight—101 Ways to Do More with Your Dog builds confidence and jump starts the bonding process between dog and owner. You will never have a bored, rainy day again! See happy dogs and their owners participating in a wide range of activities together, and bringing joy to others, and you, too, will be inspired to find new things to do with your beloved dog. You may have heard of agility, search & rescue, or thought, “My dog should be on TV!” With our busy schedules and demands on our time, we can’t always convert our dreams into reality. With 101 Ways to Do More with Your Dog, you have 101 easy ways to get inspired. For each activity, you’ll learn the best type of dog, how to get started, and where to find governing organizations. Then, you go one step further: enjoy the visual, step-by-step instruction on how to teach your dog the basics. That way, you can try the sport out on your own at home, without the commitment of signing up for a class. And if you DO decide that this is an activity that you’d like to pursue, you can go into a class with confidence! Activities for you and your dog include: -Volleyball -Jump Rope -Scent Work -Sledding -How to work with hearing-impaired dogs -Becoming a therapy dog, an animal actor, a dog blood donor, and much more!

swim therapy for dogs: Animal-Assisted Therapy in Counseling Cynthia K. Chandler, 2017-02-17 The third edition of Animal-Assisted Therapy in Counseling is the most comprehensive book available dedicated to training mental health practitioners in the performance of animal assisted therapy in counseling (AAT-C). New to this edition is discussion of the human-animal relational theory, a new theory dedicated to the practice of AAT-C. This edition also has added applications for supervision and includes the most recent research and practice. Consistent with previous editions, a variety of animal-assisted interventions are described with case examples provided in a variety of settings with different types of animals. This unique resource is an indispensable guide for any counselor or psychotherapist looking to develop and implement AAT techniques in practice.

swim therapy for dogs: Senior Dogs For Dummies? Susan McCullough, 2011-04-20 Covers wellness, nutrition, and socialization Keep your dog happy and healthy through the golden years Senior dogs are special creatures with special needs. This friendly guide provides reassuring, positive advice on handling the physical and emotional issues involved in caring for your beloved companion. You'll see how aging affects your dog, how to cope with common ailments, and what you can do to help your senior live a joyful, high-quality life. Praise for Senior Dogs For Dummies The book is a resource that will enhance life both for senior dogs and for the humans who love them. - Teri Goodman, Coordinator, The Senior Dogs Project, www.srdogs.com A dog who has lived his lifetime with you is a precious jewel to be loved and treasured. Susan has captured that spirit. - Liz Palika, author of Purebred Rescue Dog Adoption Discover how to: * Meet your senior's dietary needs * Safely exercise your senior * Manage health costs * Teach an older dog new tricks * Gain inspiration from stories about super senior dogs

swim therapy for dogs: Canine Sports Medicine and Rehabilitation Chris Zink, Janet B. Van Dyke, 2025-07-28 Comprehensive reference on all aspects of sports medicine and rehabilitation in dogs, presenting the latest research through a clinical approach Grounded in the latest scientific literature, Canine Sports Medicine and Rehabilitation, Third Edition, presents the state of the art in sports medicine and rehabilitation in dogs, offering practical advice and strategies for examining, treating, and managing canine athletes, working dogs, and companion dogs. The book features more than 500 clinical photographs, radiographs, and line drawings throughout to demonstrate key concepts. New chapters in this revised and updated Third Edition, including the work of 34 new authors, discuss the multimodal approach to managing osteoarthritis, interventional pain management, assistive devices, newly recognized issues specific to working dogs such as police and assistance dogs, the current status of the business of sports medicine and rehabilitation, and more. Chapters from the previous edition have been extensively revised to reflect the latest science.

Written by 57 leading international experts in the field, including 34 new authors, *Canine Sports Medicine and Rehabilitation* explores: Locomotion and athletic performance, musculoskeletal structure and physiology, the role of nutrition in performance and rehabilitation, and imaging in canine sports medicine Manual therapy, physical modalities, therapeutic exercise, aquatic therapy, and conditioning and retraining Assistive devices, orthotics, prosthetics, biological therapies Interdisciplinary collaboration, acupuncture, spinal manipulation, and rehabilitation options for geriatric patients Veterinary diagnosis and treatment and evaluation and rehabilitation for disorders of the thoracic limb, pelvic limb, spine, and neurologic system *Canine Sports Medicine and Rehabilitation* is an essential reference for veterinarians, physical therapists, veterinary technicians, and anyone interested in working with canine athletes or offering rehabilitation therapy in their practice, including sports medicine specialists and dog handlers.

swim therapy for dogs: The First Aid Companion for Dogs & Cats Amy D. Shojai, 2001-03-07 Provides a directory of first-aid and emergency procedures for cats and dogs, covering everything from identifying a problem and performing CPR to administering a pill and follow-up care.

swim therapy for dogs: Oh My Dog Beth Ostrosky Stern, Kristina Grish, 2010-05-04 Calling the toughest canine questions! Owning a dog is one of life's great joys, but sometimes the challenges it brings can make even the most devoted dog lovers panic, throw up their hands, or feel completely overwhelmed. Before you get to the end of your leash, turn to this friendly and relatable reference that's the next best thing to talking to a dog-owning friend who's seen it all. In *Oh My Dog*, animal rights activist Beth Ostrosky Stern has compiled tips and invaluable advice from experts—and from her own experience as dogowner—to soothe concerns, answer questions big and small, and help you and your dog get the most out of your relationship. From the moment you even consider getting a dog, to caring for your old friend when his puppy years are far behind him, *Oh My Dog* covers every angle of dog ownership, including:

- Which breeds would be good match for me?
- What do I look for in a vet?
- How do I make sure our first night together is as stress-free as possible?
- What activities will help me bond with my dog?
- Is my dog showing sign of illness?
- What should I know before I head to a doggie day care or park?
- How do I read pet food labels?
- What should I do in an emergency?

Choc full of informative side bars, questionnaires, to-do lists, and much, much more, *Oh My Dog* is the answer-filled field guide for anybody who owns a dog or is considering getting one.

••••• Beth Ostrosky Stern

swim therapy for dogs: Owning a Paralyzed Dog - The Complete Care Guide Coral Drake, 2019-08-26 If your dog has become paralyzed or you are considering adopting a paralyzed dog, you probably have a lot of questions. What will your life with a paralyzed dog be like? Will your dog have a high quality of life or is euthanasia a better option? What will your daily routine be? Whether your dog will be paralyzed for life or may be able to recover with surgery, rest, or medication, you will need to provide special care. Learn everything that you need to know, from the first conversations with your veterinarian to adjusting to life with a paralyzed dog, to providing care and enrichment so that your dog will live life to the fullest. Find out how you can calculate your dog's quality of life to make the best decisions for her, as well as how to explain your choices to family and friends. Learn what to watch for in the first weeks with your paralyzed dog, from self-injury to infections. Topics covered in the book include: Why do Dogs Become Paralyzed? Choosing to Adopt a Paralyzed Dog Questions to Ask Yourself Interpreting Your Veterinarian's Words Quality of Life Complications and Things to Watch for Self-injury Dragging Injuries Bladder and Urinary Tract Infections Urine Scald Beds Sores and Hot Spots Recognizing and Alleviating Anxiety Daily Care Bladder Expression Controlling Urine Leaks and Defecation Training Your Disabled Dog to Wear a Diaper or Belly Band Massage, Touch, and Range of Motion Exercises Diet Bathing and Brushing Bedding and Living Quarters Therapy and Recovery Crate- Rest Tips Deciding on Euthanasia: Doing the Right Thing by Your Dog Living Life Mobility Aids: Wheelchairs and Slings Walk Replacements and Outing Ideas Mental Stimulation for the Paralyzed Dog at Home Training and Communicating with your Paralyzed Dog Socializing with Other Dogs Life with a paralyzed dog can be fun and playful. Discover what

toys and games work well for a paralyzed dog, whether she is playing alone, with a canine playmate, or with a human playmate. Consider all of the aspects of your paralyzed dog's care, from bladder expression and diapers to bathing and preventing urine scald. Decide whether your dog would benefit from a wheelchair for mobility or whether a sling would be better. Therapy can work wonders for paralyzed dogs in recovery or for dogs incapable of recovery in order to elevate their quality of life. Learn about common therapy for paralyzed dogs and whether a specific therapy may be worthwhile for your dog. If you are considering caring for a paralyzed dog, you have a big decision on your hands. Use this guide to inform your decision about whether to take on caring for a paralyzed dog, as well as a practical guide to aid in your daily life with your paralyzed dog.

swim therapy for dogs: Complete Care for Your Aging Dog Amy Shojai, 2018-02-16

Advances in veterinary medicine have nearly doubled how long a dog lives. But old dogs have unique health and emotional needs, senior dog food and nutrition, and aging dog medical care. A longer life means old dogs suffer age-related conditions such as dog cancer, kidney failure in dogs, dog diabetes, arthritis in dogs, stroke in dogs, and dementia in dogs, all of which can be successfully managed with your loving assistance. KUDOS! WINNER of the Dog Writers Association of America Maxwell Medallion Chock-full of lifesaving and life-enhancing facts--but incredibly moving and readable--the book is guaranteed to help your beloved pet live a happier, healthier, fuller life. While this comprehensive and groundbreaking book presents cutting edge medical information, Shojai makes sure that it's proven and practical. Captivating true stories of 'successful agers' will motivate you to make sure you give your pets the best care possible. --Dr. Marty Becker, Resident Veterinarian on Doctor Oz Show, and Good Morning America Once again Amy has done it! VERY important, useful and valuable information in a concise, easy to read work. Our pets are living longer--and with this interesting and complete book--healthier lives. If you have a middle aged to older pet, this book is a Must Have! --DR. JIM HUMPHRIES, Veterinarian, Contributing Editor to CBS's The Early Show, and National Veterinary Spokesperson Need a quick reference? Complete Care for Your Aging Dog provides a practical, easy-to-read guide about health care for the aging dog. If you have an aging dog, this is a 'must read' book. It provides simple question-and-answer treatment of essentials of aging dogs. --Dr. Johnny D. Hoskins, Internist for older dogs and cats Award Winning Book Keeps Your Aging Dog Loving Longer, Living Better! You can teach an old dog new tricks—and give him the best care possible. As dogs age, elderly dogs deserve and require special dog health care to prevent dog problems. COMPLETE CARE FOR YOUR AGING DOG explains how old do dogs live, how old is a “senior dog,” and old dogs health and behavior changes. You'll find all the must know information about old dogs, dogs illness and dog symptoms, with veterinary advice for keeping your old dog healthy and treating your sick dog if necessary. Complete Care for Your Aging Dog contains the answers you need to care for your old dog. Pet expert Amy Shojai explains: •How to entice your older dog into getting more exercise •What changes to expect as your dog ages—and which changes are natural and which are warning signs that should send you to the veterinarian •Which pet-specific over-the-counter dog medications every owner should keep on hand •How to use the L.O.V.E. Program to keep your dog loving longer and living better •Tips on everything from choosing the right products and dog foods for your aging dog •How to offer old dogs nursing care at home for common old dog conditions •Information about dog symptoms and canine treatments for dog cancer, kidney failure in dogs, dog hypothyroidism, dog diabetes, blind dogs, deaf dogs, dog stroke, doggy diarrhea, canine constipation, urine incontinence, old dogs not eating, and more. Filled with heartwarming stories, the latest developments in treating canine illnesses in old dogs, age-defying tips, and comprehensive reference material, this is the definitive guide to turning back the clock on aging--and keeping senior dogs vital, happy, and active throughout their golden years.

swim therapy for dogs: Small Animal Surgery E-Book Theresa Welch Fossum, 2018-04-03

From basic procedures like spays, castrations, and declaws to advanced surgeries like craniotomy, vertal slots, and lung lobectomy, Fossum's Small Animal Surgery, 5th Edition is the go-to, full-color guide for everything that general veterinarians and vet students need to know about both soft tissue

and orthopedic surgery. Five editors bring their expert perspective as they discuss the latest advances in key areas such as imaging modalities, regenerative medicine, minimally invasive surgery, and neurology. There is no better resource to keep you up to date on the latest advances and techniques in small animal surgery! - Well illustrated, step-by-step instructions for surgical techniques provide quick reference to practical how-to information in emergency and clinical situations. - Anesthesia Protocols offer easy access to recommendations for anesthetizing animals with particular diseases or disorders. - Coverage of cutting-edge imaging techniques, including radiographs, CT, MRI, and digital imaging, explores the most useful imaging modalities for demonstrating areas of surgical concern. - Clinical tips boxes provide at-a-glance surgical and practice tips. - Postsurgical care instructions provide customizable client aftercare handouts for many of the procedures in the book. - Reference links to PubMed grant access to full-text articles. - NEW! Expanded sections on thoracoscopy, arthroscopy, and laparoscopy reflect the significant growth in minimally invasive procedures in vet medicine. - NEW! Significantly revised section on joint disease includes additional techniques and procedures. - NEW! Revised chapter on regenerative medicine emphasizes application of stem cell and regenerative medicine technologies to clinical patients. - NEW! Increased emphasis on differential diagnosis helps you learn how to avoid misdiagnoses that result in unnecessary surgery with the inclusion of boxes covering disorders that may mimic the more commonly encountered surgical neurologic problems that are not actual disorders requiring surgical repair. - NEW! Correlation boxes highlight the advances in veterinary medicine that correlate with human medicine. - NEW! Expanded chapter on neurologic examination cover how to perform a proper neurologic exam to detect problems in cats and dogs. - NEW! Step-by-step procedure videos that walk through both basic and advanced procedures have been added to this new edition. - NEW! Aftercare instructions and rarely performed procedures have been added to the Expert Consult.

swim therapy for dogs: Physical Rehabilitation for Veterinary Technicians and Nurses

Mary Ellen Goldberg, Julia E. Tomlinson, 2024-02-21 Physical Rehabilitation for Veterinary Technicians and Nurses A must-own guide for veterinary professionals specializing in physical rehab Physical rehabilitation is a vital aspect of veterinary medicine. A successful program of rehabilitation is one of the most important determinants of long-term patient outcomes after surgery or serious illness, and veterinary patients are no exception. Veterinary technicians and nurses specializing in physical rehabilitation therefore constitute a potentially critical component of any veterinary practice and/or care team. Physical Rehabilitation for Veterinary Technicians and Nurses provides a clear, accessible overview of this subject for prospective veterinary rehabilitation professionals. Brimming with insights stemming from both research and practical experience, and now updated to reflect a wave of new research since the first edition, this book promises to equip readers with the knowledge required to make themselves indispensable in veterinary practice. Readers of the second edition of Physical Rehabilitation for Veterinary Technicians and Nurses will also find: Practical tips and tricks connected to the role of a technician on a rehabilitation team New or updated coverage of subjects including canine fitness, shockwave protocols, underwater treadmill exercises, and many more Guidance ideal for training programs and certifications from the most important institutes and technician schools Physical Rehabilitation for Veterinary Technicians and Nurses is ideal as an introduction for prospective technicians and nurses, as well as a reference handbook for practicing veterinary technicians and nurses.

swim therapy for dogs: Drug Therapy for Infectious Diseases of the Dog and Cat Valerie J.

Wiebe, 2015-05-11 Drug Therapy for Infectious Diseases of the Dog and Cat provides fast access to all the information needed to effectively and responsibly treat infectious disease in dogs and cats, with easy searching by either drug or organism. Provides fast access to essential information on prescribing antibiotics, antifungals, antiparasitics, and antivirals Offers alphabetical searching by either drug or organism Focuses on clinically relevant information Covers information on each drug using a common format for ease of use Presents a reliable quick reference to the correct use of antibiotics in veterinary practice

swim therapy for dogs: *Complementary Medicine for Veterinary Technicians and Nurses*

Nancy Scanlan, 2024-04-05 Timely update of a practical reference book in complementary medicine with expansion of bibliographies, nutrition and diet, treatments, and therapies *Complementary Medicine for Veterinary Technicians and Nurses* provides a broad overview of complementary veterinary medicine in general, designed as a reference book covering the most commonly used complementary modalities, with an explanation of each modality and its historical background, procedure guidelines, and usefulness, along with practical tips. A range of both common and lesser-known modalities are covered, including physical therapy, holistic nutrition, acupuncture, chiropractic, Chinese, Western, and Ayurvedic herbal medicine, homeopathy, aromatherapy, and grief counseling. The text enables readers to assist with procedures associated with holistic medicine and knowledgeably discuss treatment options with clients. Outlining the respective roles of technicians and veterinarians throughout, *Complementary Medicine for Veterinary Technicians and Nurses* provides thorough coverage of integrative veterinary medicine in a user-friendly, digestible format. The book provides clinically-relevant patient history and release forms, a glossary of terms, quick reference charts, and contact information for additional resources and training. Written by a highly qualified author with significant experience in the field, *Complementary Medicine for Veterinary Technicians and Nurses* covers sample topics such as: TCM theory, chiropractic medicine, veterinary orthopedic manipulation (VOM), osteopathy, homeopathy, aromatherapy, and veterinary NAET Homotoxicology, applied kinesiology (AK), bach flower therapy, glandulars, cold laser therapy, magnetic therapy, ozone therapy, and prolotherapy BioNutritional analysis (BNA), immuno-augmentative therapy (IAT), color therapy, rife, EAV/Biotron, and animal communicators Detoxification, nutraceuticals, general nutrition, trigger point therapy, reiki, shiatsu, tuina, underwater treadmill therapy, and herbal pharmacy procedures Role of conventional medicine in a holistic practice, ozone therapy, pulsing magnetic field therapy, and assisi loop A unique resource covering different modalities that can be used to effectively treat health problems in animal patients, *Complementary Medicine for Veterinary Technicians and Nurses* is an essential resource for veterinary technicians and nurses, along with veterinarians and dedicated pet owners who wish to move beyond basic consumer resources.

swim therapy for dogs: For Pet's Sake, Do Something! Book Three Dr. Monica Diedrich, 2008-10-01 What can I do to make my pet more comfortable when he or she has to cope with pain, illness, or a chronic condition?" "How can I improve my pet's overall health?" I can't begin to tell you how many people have asked me these two questions during individual consultations and workshops. At times, their requests for information have compelled me to search for more effective answers than I was able to provide at the moment. For that reason, I'm very grateful to my clients and students since they've often piqued my curiosity to learn much more about topics I might never have researched any further on my own. Because of their queries, while I was writing my second book, *Pets Have Feelings, Too!*, ideas were already swirling around in my mind for a third book—a "how to" book that would help as many pet parents as possible by answering those two questions, and more. My dream was to compile information, all in a single book, about as wide a variety of healing modalities as I possibly could. However, the single book quickly grew so large it soon developed into a series of three books. They're all published under the umbrella title *For Pet's Sake, Do Something!* and they're each about how you can help your pets heal and enjoy optimum health every day. I first discovered the importance of "doing something" myself when one of my own dogs seemed to be giving up on life. At the tender age of two, my Shih Tzu, Chop Chop, was in severe pain because of hip dysplasia and a pinched nerve. He spent hours lying with his eyes fixed on the horizon as if his life had no more meaning for him. I felt I'd most likely have to make a decision soon to give him the final respite he was looking for. Meanwhile, I was both desperate and discouraged because there didn't seem to be anything more I could do to help him. He'd already been seen by two different veterinarians and each one had given him only a bleak prognosis. Not only that, but medications were no longer able to provide the hoped for relief. It seemed he was very close to death, and the next day, I would probably have to make a final decision for him. That night, all I

could do was to lie beside him on the floor, crying buckets of tears, but at least I was keeping him company and comforting him as best I could. I'd known, ever since I was eight years old, about the special intuitive gift I had, but at that moment, my gift for being able to talk with animals was the farthest thing from my mind. I was unable to think creatively or sense anything intuitively at all. What happened next, though, as I lay on the floor beside my precious pet, feeling utterly miserable and totally helpless, would be one of the greatest lessons I would ever learn. As clear as day, I heard Chop Chop say to me, "You call yourself a healer . . . so do something!" At first, I had no idea what I could do to bring him any other relief. In fact, his words played over and over in my mind for awhile before their meaning even became clear to me. Finally, with a flash of insight, I realized there was something more I could do. I'd been using the technique of Cosmic Healing Energy to help people for some time, but I'd never before thought about using it to help pets. However, now that Chop Chop was prompting me to be an active participant instead of a helpless bystander, I set aside my sense of desperation and immediately began sending him healing light energy. I not only sent him healing light myself, but I also asked the angels, saints, sages, and healers of all space, times, and dimensions to join me, as well as guide and help me be an effective transmitter of Spirit's ever present healing light and love. Even when I consciously thought I was finished with the treatment, my hands intuitively kept moving as if they knew exactly where to touch, press, and pull. When the flow of healing energy stopped, I thanked everyone for their help and was filled with gratitude and reverence. When I went to bed that night, it was with the confidence of knowing I'd now been able to "Do something" positive for Chop Chop's highest good, regardless of what the outcome might be. What happened the next morning was nothing short of miraculous. He stood up on all four legs and shook his mane! He hadn't been able to do either of those things for quite some time because his hind quarters had been paralyzed. Within a week of receiving regular healing treatments, he was completely back to being his normal self! Most of you won't ever be faced with quite such an extraordinary situation, and it's important to realize that not every spiritual healing treatment brings about a physical cure as this one did, but you will have many opportunities in everyday life when your pets need healing help in a variety of other ways, too. That's why it's been so important to me to write this series of books—to empower you to be an active participant instead of a helpless bystander. By implementing some of the healing techniques I've shared with you, you may be able to help your pet maintain optimum health, manage more comfortably through chronic illness or pain, or even recover from a serious illness or injury. This third book of the series is designed to provide you with guidelines for using alternative and complementary methods of healing. Many of them have a long and successful history of use, and many, that at first may seem to be unconventional, are actually scientifically supported. Some you'll be able to use right away after reading about them, while others will require study or further research on your part in order to use them correctly. You'll also learn about various healing modalities a professional can provide for your pet. The topics we'll cover in this third book of the series include:

- Flower Essences for restoring spiritual balance to help relieve both physical and emotional symptoms
- Essential Oils that quickly and effectively transport oxygen and nutrients into every cell of the body for physical and emotional healing
- Homeopathy—a healing system based on the principle that like heals like
- Magnetic Therapy, Reflexology, and Massage for pain relief, relaxation, reducing anxiety, and promoting overall wellbeing
- Sound, in its many different healing forms, which serves as a bridge between body, mind, and spirit
- Color that can influence how a pet feels and behaves
- Crystals as an effective means for focusing healing energy
- Incense fragrances for healing emotional and behavioral imbalances
- Animal Communication and the importance of healing at every level—spiritual, mental, and emotional—to bring about lasting physical healing
- Acupuncture and Acupressure to eliminate blockages in the body's energy system
- Chiropractic to correct misalignments in a pet's body
- Hydrotherapy to promote healing in a weightless environment

Another chapter you may find helpful shows you how to pre-test remedies before you buy or use them. Using the techniques I've described may help you discover ahead of time whether or not a certain modality is the right one to use for your pet, or this type of pre-testing may save you from spending money on something that wouldn't

be beneficial for your pet. It's also important to know how pets age, what emergency kit supplies to have on hand and first aid procedures to use, as well as how to provide for your pets when you're no longer there, so I've included chapters about these topics also. If you're able to ease your pet's pain, or provide a better quality of life by implementing any of the healing techniques described in this book, or in any of the books of this series, the time and money you've spent will be well worth it. My teacher and beloved animal friend, Chop Chop, finally did pass on at almost fourteen years of age, but what he asked me to do, when he was only two years old, touched not only our own lives, but also the lives of many other pets and pet parents as well. Though he and I were both on the verge of giving up many years ago, he taught me that I didn't have to be a helpless bystander and that I could "Do something!" I hope you'll "Do something" for your precious pets, too! Remember, we can't always do great things in life, but we can do small things with great love. This is exactly the lesson our animal friends teach us—whatever you do, do it with unconditional love. * * * You can learn more about the contents of each book in the series by turning to the Epilogue at the end of this book. You can read Chop Chop's entire story in Chapter 1 of my first book, *What Animals Tell Me*. You can also learn how to use Cosmic Healing yourself in Chapter 6 of Book 1 of the series *For Pet's Sake, Do Something! How to Communicate With Your Pets and Help Them Heal*. Sometimes, my clients will ask if I still use Cosmic Healing to help people as well as pets. Many years ago, I did, but there are so many animals who need my help today that I now devote all of my time to working exclusively with them. Dr. Monica Diedrich

swim therapy for dogs: The Complete Guide to Airedale Terriers Andrea Berman, 2019-05-23 The Airedale Terrier — A breed of dog like no other. Their sense of humor is legendary, their intelligence astounds, and their loyalty and love for their human family can win over even the most steadfast non-dog person. They're intuitive, confident, sensitive, outgoing, and possess such a zest for life that you'll constantly be amazed at their awesome antics. Without a doubt, the Airedale Terrier has what it takes to be a great dog, but do YOU have what it takes to be a great dog owner? Topics covered include: Is a Airedale the right dog for me? Should I buy from a breeder or adopt from a rescue? I brought my Airedale home. What now? How can I best train my Airedale? What are some common mistakes should I avoid? The Complete Guide to Airedale Terriers offers the insight you'll need to enjoy a long and happy life with your dog, including how to choose the right Airedale, characteristics of the breed's temperament, advice on housetraining, doggy daycare, nutrition, grooming, how to teach your dog basic commands, proper manners, social skills, and more. Whether your new dog is a puppy, a rescued teenager, or a senior citizen, in this book you'll find a wealth of information with a straightforward and common sense approach. The easy-to-read format is chock-full of lighthearted, practical advice and guidance for new, as well as experienced, dog owners. Chapters include all the basics such as: Get Acquainted With The Airedale Terrier Before You Buy an Airedale Buying Vs. Adopting Preparing For Your New Arrival Hidden Household Dangers Supplies For Your Dog Welcoming Your Airedale To His New Home Where Are Your Manners? The Commands The Importance of Socializing Surviving The Teen Years Do You Need A Professional Dog Trainer? Dealing With Unwanted Behavior - Your Dog's Bad Habits Your Airedale Terrier's Health And Nutrition Your Aging Airedale The Complete Guide to Airedale Terriers was written by professional dog trainer Andrea Berman whose own Airedale, Murphy, arrived as an impish puppy with a penchant for mischief, a passion for excavating the garden, and a ravenous appetite for socks, sofas, and oriental carpets. With gentle consistency, positive reinforcement, and a thorough understanding of the Airedale's personality, Murphy's training guided her toward a new direction as she became a sweet and loving therapy dog who comforted hospital patients and nursing home residents, and brought joy to all she met. If there's an Airedale Terrier in your future, and we sincerely hope there is, this book will help prepare you to emBARK on the journey of a lifetime - a journey that will bring you laughter, tail wags, an unending supply of sloppy kisses, and countless treasured memories. Get ready for your Airedale Adventure!

swim therapy for dogs: The Bloodhound Handler: Book One Landa Coldiron, 2022-05-31 Have you ever wondered about the stories behind missing pets? How they're solved? How the pets go

missing and who can find them when all hope seems gone? Meet Kalinda Dark, a real-life pet detective who solves lost pet cases using bloodhounds, search and rescue techniques, forensics, and state of the art technology. In this book, she'll share stories about some of her high-profile cases and how she gains media attention which poses its own problems. A stalker from Kalinda's past, a celebrity that goes missing with a dog, and a SWAT team boyfriend play into this unique action-adventure story.

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