

precision physical therapy llc

precision physical therapy llc is a leading provider of specialized rehabilitation services designed to enhance mobility, reduce pain, and improve overall physical function. This article explores the comprehensive range of services offered by Precision Physical Therapy LLC, emphasizing their commitment to personalized treatment plans tailored to individual patient needs. With a focus on evidence-based practices and innovative techniques, Precision Physical Therapy LLC stands out in delivering effective physical therapy solutions. Readers will gain insight into the clinic's approach, the qualifications of their therapists, and the benefits of choosing their services. Additionally, the article covers common conditions treated, advanced therapy modalities, and patient-centered care philosophies that define the clinic's operations. The following sections provide an in-depth overview of what makes Precision Physical Therapy LLC a trusted name in rehabilitative health care.

- Overview of Precision Physical Therapy LLC
- Services and Treatment Modalities
- Conditions Treated at Precision Physical Therapy LLC
- Therapist Expertise and Qualifications
- Patient Care and Personalized Treatment Plans
- Benefits of Choosing Precision Physical Therapy LLC

Overview of Precision Physical Therapy LLC

Precision Physical Therapy LLC is a specialized rehabilitation center dedicated to providing high-quality physical therapy services. Located strategically to serve diverse patient populations, the clinic combines advanced clinical expertise with state-of-the-art equipment. The core mission of Precision Physical Therapy LLC is to assist individuals in recovering from injuries, managing chronic conditions, and optimizing physical performance through customized therapy programs. The facility prioritizes a patient-centered approach, ensuring that each treatment plan addresses unique needs and goals. By integrating the latest research and technology, Precision Physical Therapy LLC maintains a standard of excellence in physical rehabilitation services.

Services and Treatment Modalities

Precision Physical Therapy LLC offers a wide array of services designed to promote healing, restore function, and prevent future injury. Their treatment modalities reflect an up-to-date understanding of musculoskeletal health and rehabilitation science.

Manual Therapy Techniques

Manual therapy at Precision Physical Therapy LLC includes hands-on techniques such as joint mobilizations, soft tissue massage, and myofascial release. These methods aim to reduce pain, improve range of motion, and enhance circulation to affected areas.

Therapeutic Exercise Programs

Customized exercise regimens form a critical component of the therapy process. Therapists design strength, flexibility, balance, and endurance exercises tailored to the patient's condition and recovery stage.

Neuromuscular Re-education

This treatment modality focuses on restoring proper movement patterns through targeted exercises and techniques that improve coordination and muscle control, which is vital for patients recovering from neurological impairments or injuries.

Electrotherapy and Modalities

Precision Physical Therapy LLC utilizes various electrotherapeutic tools such as ultrasound, electrical stimulation, and laser therapy to accelerate tissue healing, reduce inflammation, and alleviate pain.

- Cold laser therapy for tissue regeneration
- Electrical stimulation for muscle activation
- Ultrasound for deep tissue healing
- Taping and bracing for joint support

Conditions Treated at Precision Physical Therapy LLC

The clinic addresses a broad spectrum of physical conditions, ranging from acute injuries to chronic disorders, ensuring comprehensive patient management.

Orthopedic Injuries

Precision Physical Therapy LLC specializes in treating fractures, sprains, strains, and post-surgical rehabilitation. The goal is to restore full function and facilitate safe return to daily activities or sports.

Neurological Disorders

Patients with stroke, Parkinson's disease, multiple sclerosis, or peripheral neuropathy benefit from targeted therapies that improve motor function and quality of life.

Chronic Pain Management

For individuals suffering from conditions like arthritis, fibromyalgia, or back pain, Precision Physical Therapy LLC develops pain management plans that combine physical therapy with patient education and lifestyle modification strategies.

Sports Injuries

Sports-related injuries receive specialized care, including injury prevention programs, performance enhancement, and rehabilitation protocols to minimize downtime and optimize recovery.

Therapist Expertise and Qualifications

The success of Precision Physical Therapy LLC is largely attributed to its team of highly qualified and experienced therapists. Each therapist holds advanced degrees in physical therapy and certifications in specialized treatment techniques.

Professional Credentials

Therapists at Precision Physical Therapy LLC are licensed professionals who engage in continuous education to stay current with the latest advancements in physical therapy. Many possess additional certifications in orthopedics, neurology, sports therapy, and manual therapy.

Approach to Care

The clinical staff emphasizes evidence-based practice, combining clinical expertise with patient preferences to formulate optimal treatment strategies. Collaborative care with physicians, surgeons, and other healthcare professionals ensures integrated patient management.

Patient Care and Personalized Treatment Plans

Precision Physical Therapy LLC prioritizes individualized care by developing personalized treatment plans tailored to each patient's unique condition, lifestyle, and recovery goals.

Initial Assessment and Evaluation

Every new patient undergoes a comprehensive evaluation including medical history, physical examination, and functional assessments to identify the root cause of symptoms and determine baseline function.

Goal-Setting and Progress Monitoring

Therapists work collaboratively with patients to set realistic, measurable goals. Progress is continuously monitored through objective measures and patient feedback to adjust treatment plans as needed.

Patient Education and Empowerment

Education is a cornerstone of care at Precision Physical Therapy LLC, equipping patients with knowledge about their condition, preventive strategies, and self-management techniques to sustain long-term health benefits.

Benefits of Choosing Precision Physical Therapy LLC

Selecting Precision Physical Therapy LLC offers numerous advantages that contribute to superior rehabilitation outcomes and enhanced patient satisfaction.

- Comprehensive and personalized treatment approaches
- Access to highly skilled and credentialed therapists
- Use of advanced technology and evidence-based modalities
- Collaborative care model integrating multiple healthcare disciplines
- Focus on patient education and long-term wellness
- Convenient location and flexible scheduling options

Frequently Asked Questions

What services does Precision Physical Therapy LLC offer?

Precision Physical Therapy LLC offers a range of services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, manual therapy, and personalized exercise programs.

Where is Precision Physical Therapy LLC located?

Precision Physical Therapy LLC is located in [City, State]. (Note: Please verify the exact location as it may vary.)

How can I book an appointment with Precision Physical Therapy LLC?

You can book an appointment by calling their office directly, visiting their official website, or using their online booking system if available.

Does Precision Physical Therapy LLC accept insurance?

Yes, Precision Physical Therapy LLC accepts most major insurance plans. It is recommended to contact them directly to confirm the specifics of your insurance coverage.

What makes Precision Physical Therapy LLC different from other physical therapy clinics?

Precision Physical Therapy LLC focuses on personalized treatment plans tailored to each patient's unique needs, utilizing the latest techniques and technology to ensure effective and efficient recovery.

Are there any patient reviews available for Precision Physical Therapy LLC?

Yes, patient reviews can be found on platforms like Google Reviews, Yelp, and their official website, where patients often praise the professionalism, care, and results achieved.

Does Precision Physical Therapy LLC offer telehealth or virtual therapy sessions?

Depending on location and current policies, Precision Physical Therapy LLC may offer telehealth or virtual therapy sessions. It is best to contact them directly to inquire about availability.

What should I expect during my first visit to Precision Physical Therapy LLC?

During the first visit, you can expect a comprehensive evaluation including medical history review, physical assessment, and discussion of your goals. Based on this, a customized treatment plan will be developed.

Additional Resources

1. Precision Physical Therapy: Foundations and Techniques

This comprehensive guide covers the fundamental principles and advanced techniques in precision

physical therapy. It explores patient assessment, individualized treatment planning, and evidence-based interventions. Ideal for therapists seeking to enhance their clinical skills and improve patient outcomes through tailored approaches.

2. Integrative Approaches in Precision Physical Therapy

Focusing on the integration of various therapeutic modalities, this book discusses how to combine manual therapy, exercise, and technology for optimal patient care. It emphasizes a holistic approach that considers the patient's lifestyle, biomechanics, and health goals. Practical case studies illustrate successful integrative treatment plans.

3. Innovations in Precision Physical Therapy Technology

Explore the latest technological advancements shaping precision physical therapy, including wearable devices, telehealth, and motion analysis tools. This book provides insights into how technology enhances diagnosis, treatment accuracy, and patient monitoring. Therapists will learn to effectively incorporate these innovations into their practice.

4. Patient-Centered Care in Precision Physical Therapy

This title delves into strategies for fostering strong therapist-patient relationships and personalized care plans. It highlights communication techniques, motivational interviewing, and shared decision-making processes. Emphasizing empathy and collaboration, the book aims to improve adherence and rehabilitation success.

5. Musculoskeletal Disorders and Precision Physical Therapy

Specializing in musculoskeletal conditions, this book offers detailed assessments and targeted interventions for common disorders such as back pain, arthritis, and sports injuries. It integrates current research with clinical practice to provide precise treatment pathways. Useful for clinicians focusing on musculoskeletal rehabilitation.

6. Sports Rehabilitation through Precision Physical Therapy

Designed for therapists working with athletes, this book outlines injury prevention, performance enhancement, and rehabilitation protocols. It discusses biomechanical analysis and sport-specific conditioning tailored to individual needs. The content supports a precision-based approach to help athletes return to peak performance safely.

7. Evidence-Based Practices in Precision Physical Therapy

This book compiles the latest research and evidence supporting precision approaches in physical therapy. It guides clinicians on critically appraising studies and applying findings to clinical decision-making. The focus is on enhancing therapeutic effectiveness through scientifically validated methods.

8. Chronic Pain Management with Precision Physical Therapy

Addressing the complexities of chronic pain, this book offers strategies for assessment and multidisciplinary treatment plans. It emphasizes individualized interventions that consider physical, psychological, and social factors. Therapists will find practical tools to improve quality of life for patients suffering from persistent pain.

9. Rehabilitation Robotics and Precision Physical Therapy

An exploration of robotic-assisted rehabilitation technologies and their role in precision physical therapy. This book covers device types, clinical applications, and outcome measurement. It provides insights into how robotics can augment therapy, promote neuroplasticity, and accelerate recovery.

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precision physical therapy llc: Precision Medicine for Long and Safe Permanence of Humans in Space Chayakrit Krittanawong, 2024-11-30 Precision Medicine for Long and Safe Permanence of Humans in Space serves as a reference to assist with the diagnosis of medical conditions (e.g., microgravity, space radiation), monitoring inflight, clinical decision-making inflight, disease prediction and prevention (pre- or postflight), and the facilitation of precision space medicine. This book defines the basic concepts of space health, fundamental physics, and biology in space and highlights the current applications, current challenges, and future directions in space medicine. Each chapter discusses precision medicine to a specific medical subspecialty, including cardiovascular disease, neurology, nephrology, endocrinology, ophthalmology, hepatology, hematology, pulmonology, emergency medicine, nutrition, dermatology, immunology, mental health, regenerative medicine, surgery, vascular surgery, anesthesiology, urology, OB-GYN, and male and female reproductive issues in space. Additionally, this book discusses current artificial intelligence (AI) technology in space, AI in commercial space industry, and recent space health progress worldwide (e.g., NASA, China, Japan, the Middle East). This book serves as an ideal companion for healthcare professionals, scientists, researchers, postdoctoral fellows, students, or anyone interested in space travel. - Compiles current research on precision space health within each medical subspecialty - Covers the role of organ systems as well as short- and long-term effects - Written by experts in the field of space health worldwide

precision physical therapy llc: Physical Therapy for Children - E-Book Robert J. Palisano, Suzann K. Campbell, Margo Orlin, 2014-04-25 Used as both a core textbook in PT programs and as a clinical reference, Physical Therapy for Children, 4th Edition, provides the essential information needed by PTs, both student and professional, when working with children. Like the previous bestselling editions, the 4th edition follows the practice pattern categories of the Guide to Physical Therapist Practice and uses the IFC model of the disabling process as it presents up-to-date evidence-based coverage of treatment. In this latest edition, Suzann Campbell DeLapp, Robert J. Palisano, and Margo N. Orlin have added more case studies and video clips, additional chapters and Medline-linked references online, and Evidence to Practice boxes to make it easy to find and remember important information. Provides comprehensive foundational knowledge in decision making, screening, development, motor control, and motor learning, the impairments of body function and structure, and the PT management of pediatric disorders. Reflects a family-centered care model throughout to help you understand how to involve children and their caregivers in developing and implementing intervention plans. Emphasizes an evidence-based approach that incorporates the latest research for the best outcomes. Follows the practice pattern guidelines of the Guide to Physical Therapist Practice, 2nd Edition which sets the standard for physical therapy practice. Features the International Classification of Function, Disability, and Health (ICF) of the World Health Organization (WHO) as the model for the disabling process, emphasizing activity rather than functional limitations and participation rather than disability in keeping with the book's focus on prevention of disability. Provides extensive case studies that show the practical application of material covered in the text and are often accompanied by online video clips illustrating the condition and its management. Makes it easy to access key information with plenty of tables and boxes that organize and summarize important points. Clearly demonstrates important concepts and

clinical conditions you'll encounter in practice with over 800 illustrations. Takes learning to a deeper level with additional resources on the Evolve website featuring: Over 40 video clips that correspond to case studies and demonstrate conditions found in each chapter Helpful resources, including web links Questions and exercises you'll find helpful when preparing for the pediatric specialist certification exam

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Elizabeth Walsh, 2016-06-11 This valuable and accessible work provides comprehensive information on America's top public companies, listing over 10,000 publicly traded companies from the New York, NASDAQ and OTC exchanges. All companies have assets of more than \$5 million and are filed with the SEC. Each entry describes business activity, 5 year sales, income, earnings per share, assets and liabilities. Senior employees, major shareholders and directors are also named. The seven indices give an unrivalled access to the information.

precision physical therapy llc: **The Smart Cyber Ecosystem for Sustainable Development**

Pardeep Kumar, Vishal Jain, Vasaki Ponnusamy, 2021-09-08 The Smart Cyber Ecosystem for Sustainable Development As the entire ecosystem is moving towards a sustainable goal, technology driven smart cyber system is the enabling factor to make this a success, and the current book documents how this can be attained. The cyber ecosystem consists of a huge number of different entities that work and interact with each other in a highly diversified manner. In this era, when the world is surrounded by many unseen challenges and when its population is increasing and resources are decreasing, scientists, researchers, academicians, industrialists, government agencies and other stakeholders are looking toward smart and intelligent cyber systems that can guarantee sustainable development for a better and healthier ecosystem. The main actors of this cyber ecosystem include the Internet of Things (IoT), artificial intelligence (AI), and the mechanisms providing cybersecurity. This book attempts to collect and publish innovative ideas, emerging trends, implementation

experiences, and pertinent user cases for the purpose of serving mankind and societies with sustainable societal development. The 22 chapters of the book are divided into three sections: Section I deals with the Internet of Things, Section II focuses on artificial intelligence and especially its applications in healthcare, whereas Section III investigates the different cyber security mechanisms. Audience This book will attract researchers and graduate students working in the areas of artificial intelligence, blockchain, Internet of Things, information technology, as well as industrialists, practitioners, technology developers, entrepreneurs, and professionals who are interested in exploring, designing and implementing these technologies.

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precision physical therapy llc: Nutritional and Integrative Strategies in Cardiovascular Medicine Stephen T. Sinatra, Mark C. Houston, 2022-04-19 Despite decades of aggressive pharmaceutical and surgical interventions, coronary artery disease (CAD) remains the number one killer of both men and women in the Western world. The most important aspect in the treatment of CAD is to focus on prevention. Indeed, prevention is easier than cure and when CAD does present itself, a combination of conventional and alternative methodologies can truly make a difference in people's lives. Building upon its predecessor, *Nutritional and Integrative Strategies in Cardiovascular Medicine*, Second Edition, provides scientific and clinical insight from leaders in the field of cardiovascular medicine who explore an integrative approach to treating and curing cardiovascular diseases through conventional and non-allopathic methodologies. Nutritional interventions with both appropriate non-inflammatory diets and targeted nutraceutical supports are simple and basic strategies to prevent as well as help manage CAD and congestive heart failure (CHF). In fact, nutritional strategies in the treatment of CHF have not only afforded patients a better quality of life but increased survival as well. This evidence-based book describes how to integrate nutrition, supplements, lifestyle changes, and medications for improved outcomes in hypertension, dyslipidemia, diabetes, coronary heart disease, congestive heart failure, infectious myocarditis and much more. Topics include: Covid-19: An evidence-based integrative approach to supporting the myocardium Metabolic cardiology: An exciting new way to manage heart failure Contains information on hypertension and dyslipidemia Naturopathic approaches Mediterranean diet as the longevity diet of the world Value of omega-3s and other fats Role of botanicals in the treatment of cardiovascular disease Integrative care of the patient in extending quality of life Gender-specific medicine - Perhaps a new evolving cardiovascular sub-specialty Role of dental disease inflammation and cardiovascular disease Environmental toxins and the heart Earthing and grounding as an energetic nutrition in healing the heart Autophagy and mTOR - the new medicine of the future Nutritional medicine is vitally important in the integrative care of the patient. This book will assist established health professionals as well as students preparing for advanced degrees in healthcare and offer cutting-edge and new information in cardiovascular medicine. It offers simple nutritional supports that can make the difference between not only easing human suffering, but also life and death.

precision physical therapy llc: Directory of Corporate Affiliations , 2001 Described as Who owns whom, the family tree of every major corporation in America, the directory is indexed by name (parent and subsidiary), geographic location, Standard Industrial Classification (SIC) Code, and corporate responsibility.

precision physical therapy llc: Microcurrent, Ultrasound, and LED Therapy in Cosmetic Dermatology & Skincare Practice Elena Hernandez-Jimenez, 2024-06-26 When people talk about aesthetic devices, they primarily mean high-energy technologies such as lasers, intense pulsed light (IPL), high-intensity focused ultrasound (HIFU), radio frequency (RF), etc., but this unfairly overlooks low-energy therapy. Low-energy devices (referred to as cosmetic devices) are the most widespread in skincare practice. If you understand how they work, they can be used to achieve aesthetic results that are just as significant as those produced by high-energy devices. We created this book to explain how the most popular non-invasive skincare methods — modern low-energy microcurrent, ultrasound (US), and light-emitting diode (LED) therapy — work. In our book, there are no duty words from leaflets, which you can find in many manual guides for devices. We have collected scientifically valid information about all these methods. Only by understanding how they act can you achieve the best results. We explain simply and in detail what electricity, ultrasound (US), and light are and how they affect the skin. We discuss which parameters are essential and which are just marketing claims. We tell you what results can be achieved with microcurrent, US therapy and peeling, sonophoresis, and LED therapy, as well as what you should not expect from these approaches and what technologies they should be distinguished from. In addition, we cover the increasingly popular plasma therapy — exposure of the skin to low-temperature plasma (so-called cold plasma). Everything you need to know about these devices and methods to understand them and perform effective treatments is in this book.

precision physical therapy llc: Hip Joint Restoration Joseph C. McCarthy, Philip C. Noble, Richard N. Villar, 2016-12-20 Hip Joint Restoration is a comprehensive yet practical guide to the basic science and clinical applications of arthroscopy, arthroplasty, osteotomy and preservation surgery for the treatment of diseases and conditions of the hip. This generously illustrated text offers a comprehensive introduction to essential features of hip evaluation, the medical management of hip procedures, and treatment of specific conditions, and covers practical topics such as surgical anatomy of the hip, surgical approaches, instrumentation, and indications for arthroscopy and other surgical procedures aimed at restoration of the hip joint. Additional chapters cover clinical outcomes and equality of life following hip surgery, the current state of research and education of arthroscopic hip procedures throughout the world, other topics such as complications and rehabilitation in different patient populations. This book will be a useful resource for Orthopedic Surgeons and Osteopaths who perform open and arthroscopic hip preservation and total joint replacement, as well as for orthopedic residents and researchers.

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