

frontier behavioral health prestonsburg ky

frontier behavioral health prestonsburg ky is a leading provider of comprehensive mental health and substance abuse services in the Prestonsburg area. Serving the community with a dedicated team of professionals, Frontier Behavioral Health offers a range of programs designed to support individuals facing behavioral health challenges. This article explores the various services, treatment approaches, and community resources available through Frontier Behavioral Health in Prestonsburg, KY. Additionally, it highlights the facility's commitment to holistic care, accessibility, and ongoing support for clients. Whether seeking outpatient counseling, crisis intervention, or recovery services, understanding what Frontier Behavioral Health Prestonsburg KY provides can be essential for individuals and families in need. The following sections will provide a detailed overview of the organization's mission, key programs, and how it integrates with the broader healthcare network.

- Overview of Frontier Behavioral Health Prestonsburg KY
- Comprehensive Behavioral Health Services
- Specialized Programs and Treatment Options
- Community Engagement and Support Resources
- Accessing Care and Contact Information

Overview of Frontier Behavioral Health Prestonsburg KY

Frontier Behavioral Health Prestonsburg KY operates as part of a regional network dedicated to providing mental health and substance abuse treatment services. The organization's primary goal is to improve the quality of life for individuals experiencing behavioral health issues by offering evidence-based and compassionate care. Located in Prestonsburg, Kentucky, the center serves a diverse population, including children, adults, and families. Frontier Behavioral Health emphasizes a client-centered approach, promoting recovery and resilience through individualized treatment plans. Their services are designed to address co-occurring disorders, crisis situations, and ongoing mental health needs.

Mission and Values

The mission of Frontier Behavioral Health Prestonsburg KY is to enhance the well-being of the community by providing accessible, quality behavioral health services. The organization values respect, integrity, and collaboration, ensuring that every client receives dignified and confidential care. Frontier Behavioral Health is committed to reducing stigma surrounding mental illness and addiction through education and outreach initiatives.

Facility and Staff Expertise

The Prestonsburg facility is staffed by licensed mental health professionals, including psychiatrists, psychologists, counselors, social workers, and peer support specialists. This multidisciplinary team works together to deliver personalized care tailored to each individual's unique needs. The center is equipped with modern resources to support both outpatient and intensive treatment programs.

Comprehensive Behavioral Health Services

Frontier Behavioral Health Prestonsburg KY offers a broad range of behavioral health services designed to address various mental health disorders and substance use issues. These services are structured to provide both short-term intervention and long-term support to clients at different stages of their recovery journey.

Mental Health Counseling

Counseling services include individual therapy, group therapy, and family counseling. Licensed therapists utilize evidence-based therapeutic modalities such as cognitive-behavioral therapy (CBT), dialectical behavior therapy (DBT), and trauma-informed care to help clients manage symptoms, develop coping skills, and improve interpersonal relationships.

Substance Abuse Treatment

The facility provides comprehensive substance abuse treatment programs aimed at supporting individuals struggling with addiction. These programs feature medically supervised detoxification, outpatient rehabilitation, relapse prevention, and ongoing recovery support. Frontier Behavioral Health integrates behavioral therapies with medication-assisted treatment when appropriate.

Crisis Intervention and Stabilization

Emergency behavioral health services are available to individuals experiencing acute psychiatric crises. Crisis intervention teams assess and stabilize clients to ensure safety and facilitate timely referrals to appropriate levels of care. This service is crucial for reducing hospitalization rates and providing immediate support during mental health emergencies.

Case Management and Support Services

Beyond clinical treatment, Frontier Behavioral Health offers case management services to assist clients with accessing community resources, housing, employment, and social services. Care coordinators collaborate with clients to develop comprehensive care plans that promote recovery and self-sufficiency.

Specialized Programs and Treatment Options

To meet the diverse needs of the Prestonsburg community, Frontier Behavioral Health offers specialized programs tailored to specific populations and conditions. These programs enhance treatment effectiveness by addressing unique challenges and promoting holistic healing.

Children and Adolescent Services

Specialized mental health services for children and adolescents focus on early intervention and family involvement. The programs address behavioral disorders, anxiety, depression, and trauma, utilizing age-appropriate therapeutic approaches to support youth development.

Adult and Geriatric Programs

Adult programs provide treatment for mood disorders, schizophrenia, bipolar disorder, and other psychiatric conditions. Geriatric services address the mental health needs of older adults, including dementia-related issues and late-life depression, ensuring compassionate care across the lifespan.

Dual Diagnosis Treatment

Recognizing the complexity of co-occurring mental health and substance use disorders, Frontier Behavioral Health offers integrated dual diagnosis treatment. This approach simultaneously addresses both conditions to improve overall outcomes and reduce relapse risk.

Recovery and Peer Support

Peer support programs connect clients with individuals who have lived experience with mental health or addiction recovery. These programs foster empowerment, hope, and community engagement, which are vital components of sustainable recovery.

Community Engagement and Support Resources

Frontier Behavioral Health Prestonsburg KY is deeply involved in community outreach and education to raise awareness about behavioral health issues. The organization collaborates with local agencies, schools, and healthcare providers to enhance service accessibility and reduce stigma.

Educational Workshops and Outreach

Regular workshops and seminars are conducted to educate the public, families, and professionals about mental health, substance abuse prevention, and available treatment options. These events promote early recognition and intervention for behavioral health concerns.

Support Groups

Multiple support groups are facilitated by the center for clients and families dealing with mental illness or addiction. These groups provide a safe space for sharing experiences, receiving encouragement, and building social connections.

Partnerships with Local Organizations

Frontier Behavioral Health collaborates with community partners to expand resources and improve integrated care delivery. Partnerships include primary care providers, social service agencies, and faith-based organizations dedicated to holistic community wellness.

Accessing Care and Contact Information

Obtaining services at Frontier Behavioral Health Prestonsburg KY is designed to be straightforward and welcoming. The center accepts various insurance plans and offers assistance for those without coverage to ensure no one is denied care due to financial barriers.

Intake and Assessment Process

New clients undergo a comprehensive intake assessment to identify their needs and develop an individualized treatment plan. Assessments include clinical interviews, psychological evaluations, and medical history reviews.

Appointment Scheduling and Hours

The facility operates during regular business hours with provisions for urgent care as needed. Appointments can be scheduled by phone, and walk-in evaluations are available for crisis situations.

Insurance and Payment Options

Frontier Behavioral Health accepts Medicaid, Medicare, and most private insurance plans. For uninsured clients, sliding scale fees and payment assistance programs may be available to facilitate access to care.

Location and Contact Details

The Prestonsburg location is situated conveniently within the community to serve residents of Floyd County and surrounding areas. Contact information is provided to connect individuals seeking mental health and substance abuse services promptly.

- Comprehensive mental health and addiction treatment
- Specialized programs for children, adults, and seniors
- Crisis intervention and case management support
- Community outreach and educational initiatives
- Accessible care with multiple insurance and payment options

Frequently Asked Questions

What services does Frontier Behavioral Health in Prestonsburg, KY offer?

Frontier Behavioral Health in Prestonsburg, KY offers a range of behavioral health services including mental health counseling, substance abuse

treatment, crisis intervention, and support for individuals with developmental disabilities.

How can I schedule an appointment at Frontier Behavioral Health Prestonsburg?

To schedule an appointment at Frontier Behavioral Health in Prestonsburg, KY, you can call their main office directly or visit their website to find contact information and request an appointment.

Does Frontier Behavioral Health Prestonsburg accept insurance?

Yes, Frontier Behavioral Health in Prestonsburg, KY accepts various insurance plans. It is recommended to contact their billing department or your insurance provider to confirm coverage details.

Are there telehealth services available at Frontier Behavioral Health Prestonsburg?

Frontier Behavioral Health Prestonsburg offers telehealth services for certain types of behavioral health appointments, allowing patients to receive care remotely. Check with the clinic for availability and eligibility.

What are the operating hours of Frontier Behavioral Health in Prestonsburg, KY?

The operating hours for Frontier Behavioral Health in Prestonsburg typically are Monday through Friday from 8:00 AM to 5:00 PM. It's best to call ahead as hours may vary or change during holidays.

Does Frontier Behavioral Health Prestonsburg provide emergency mental health services?

Frontier Behavioral Health in Prestonsburg, KY provides crisis intervention services and can assist with emergency mental health situations. For immediate emergencies, it is advised to call 911 or go to the nearest emergency room.

Additional Resources

1. Healing Minds in Appalachia: The Story of Frontier Behavioral Health

This book explores the history and impact of Frontier Behavioral Health in Prestonsburg, KY. It delves into the organization's mission to provide comprehensive mental health and addiction services to the Appalachian community. Through personal stories and professional insights, readers gain

an understanding of the challenges and successes in addressing mental health in a rural context.

2. Mental Health Care in Rural Kentucky: Challenges and Solutions

Focusing on the unique obstacles faced by rural communities like Prestonsburg, this book discusses the strategies employed by Frontier Behavioral Health to improve access and quality of behavioral health services. It highlights the importance of community engagement, telehealth, and culturally sensitive approaches tailored to Appalachian populations.

3. Substance Abuse Treatment in Eastern Kentucky: Frontier Behavioral Health's Approach

This title examines the opioid crisis and substance abuse issues prevalent in Eastern Kentucky, with a particular focus on Frontier Behavioral Health's programs. It provides an overview of evidence-based treatment methods, prevention initiatives, and recovery support systems that have been implemented locally.

4. Community Wellness and Behavioral Health: A Case Study of Prestonsburg, KY

This book presents a detailed case study of how Frontier Behavioral Health collaborates with local organizations, schools, and healthcare providers to promote mental wellness. It underscores the role of integrated care and community partnerships in enhancing behavioral health outcomes in Prestonsburg.

5. The Role of Telebehavioral Health in Appalachian Communities

Highlighting the innovative use of telehealth services by Frontier Behavioral Health, this book discusses how technology bridges gaps in mental health care for remote areas of Kentucky. It covers topics such as teletherapy, virtual support groups, and digital outreach initiatives that improve service delivery.

6. Behavioral Health Workforce Development in Rural Areas: Lessons from Frontier Behavioral Health

This work focuses on the recruitment, training, and retention of behavioral health professionals in Prestonsburg and similar rural settings. It explores how Frontier Behavioral Health addresses workforce shortages and builds capacity to meet growing community needs.

7. Child and Adolescent Behavioral Health Services in Prestonsburg

Concentrating on youth mental health, this book details the programs and interventions offered by Frontier Behavioral Health to support children and adolescents. It discusses early intervention, family involvement, and school-based services tailored to the developmental needs of young clients.

8. Integrated Behavioral Health and Primary Care in Eastern Kentucky

This title investigates the integration of behavioral health services with primary medical care as practiced by Frontier Behavioral Health. It explains how this model improves patient outcomes by addressing mental health and physical health concurrently in Prestonsburg's healthcare system.

9. *Resilience and Recovery: Stories from Frontier Behavioral Health Clients* Through a collection of personal narratives, this book shares inspiring stories of individuals who have benefited from Frontier Behavioral Health's services. It highlights themes of resilience, hope, and the transformative power of compassionate behavioral health care in rural Kentucky communities.

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