

fordham university phd counseling psychology

fordham university phd counseling psychology represents a distinguished and rigorous academic program designed to prepare students for advanced careers in clinical and counseling psychology. This doctoral program emphasizes a scientist-practitioner model, combining research excellence with practical training to develop highly skilled professionals. Students engage in comprehensive coursework, supervised clinical experiences, and original research projects that contribute to the field's knowledge base. Fordham University's commitment to diversity, ethical practice, and community engagement further enriches the educational environment for PhD candidates. The program's alignment with current psychological theories and evidence-based practices ensures graduates are well-equipped for licensure and professional success. This article explores the structure, curriculum, faculty expertise, admission requirements, research opportunities, and career outcomes associated with the Fordham University PhD Counseling Psychology program. The following sections will provide an in-depth overview of what prospective students can expect.

- Program Overview and Philosophy
- Curriculum and Training Components
- Faculty and Research Opportunities
- Admission Requirements and Application Process
- Career Paths and Licensure Preparation

Program Overview and Philosophy

The Fordham University PhD Counseling Psychology program is rooted in the scientist-practitioner model, emphasizing the integration of empirical research with clinical practice. The program is accredited and designed to develop competencies in psychological assessment, intervention, and research methodologies. Its philosophical foundation supports a holistic understanding of human behavior, considering cultural, social, and developmental contexts. The program aims to train psychologists who are not only skilled clinicians but also contributors to the scientific community and advocates for social justice. This commitment is reflected in the curriculum's focus on multicultural competence, ethical standards, and evidence-based practices.

Scientist-Practitioner Model

At the core of Fordham's PhD in Counseling Psychology is the scientist-practitioner approach, which balances rigorous research training with clinical skill development. Students learn to critically evaluate scientific literature, conduct original research, and apply findings to clinical settings. This dual focus ensures graduates are prepared to engage in scholarly activities and provide high-quality

psychological services.

Commitment to Diversity and Social Justice

The program places a strong emphasis on cultural competence and social justice, encouraging students to consider the impact of systemic factors on mental health. Training includes understanding diverse populations and promoting equity in psychological care. This approach prepares students to work effectively with clients from varied backgrounds and to address disparities in mental health services.

Curriculum and Training Components

The curriculum of the Fordham University PhD Counseling Psychology program is comprehensive, structured to provide a broad foundation in psychological theory, research, and practice. The program typically spans five to seven years, incorporating coursework, practicum experiences, internships, and dissertation research. Students acquire expertise in assessment techniques, therapeutic interventions, and statistical analysis, supported by supervised clinical training.

Core Coursework

Students complete a series of core courses designed to build foundational knowledge and clinical competence. Typical coursework includes:

- Psychological Assessment and Diagnosis
- Advanced Psychopathology
- Research Methods and Statistics
- Intervention Strategies in Counseling Psychology
- Ethics and Professional Issues
- Multicultural Counseling and Diversity

Practicum and Internship Training

Clinical training is a critical component of the program, offering students hands-on experience in diverse settings. Practicum placements occur early in the program, providing exposure to assessment and therapy under supervision. The internship, completed in the final years, is a full-time clinical experience that meets licensing requirements and prepares students for independent practice.

Dissertation Research

Doctoral candidates undertake original research projects contributing to the field of counseling psychology. The dissertation process involves identifying a research question, designing and conducting empirical studies, analyzing data, and disseminating findings. This scholarly work enhances students' research skills and contributes to evidence-based practice.

Faculty and Research Opportunities

Fordham University's counseling psychology faculty consists of experienced researchers and clinicians with expertise in various specialty areas. Faculty members actively engage in research, often collaborating with students to advance knowledge in counseling psychology. This mentorship fosters an environment conducive to academic and professional growth.

Areas of Faculty Expertise

The faculty's research interests cover a broad spectrum including trauma and resilience, multicultural issues, developmental psychology, health psychology, and intervention efficacy. This diversity allows students to find mentors aligned with their research interests and career goals.

Student Research Involvement

Graduate students are encouraged to participate in faculty-led research projects, attend conferences, and publish scholarly work. Opportunities for collaboration enhance learning and professional networking, preparing students for careers in academia, research institutions, or clinical practice.

Admission Requirements and Application Process

Admission to the Fordham University PhD Counseling Psychology program is competitive, reflecting the program's high standards for academic and professional preparation. Prospective students must demonstrate strong academic credentials, research potential, and commitment to counseling psychology's values.

Academic and Professional Prerequisites

Applicants typically hold a bachelor's or master's degree in psychology or a related field. A strong academic record, including coursework in psychology, research methods, and statistics, is essential. Relevant clinical or research experience enhances candidacy.

Application Components

The application requires the following materials:

- Completed application form
- Official transcripts from all post-secondary institutions
- Letters of recommendation, typically three
- Statement of purpose outlining research interests and career goals
- Resume or curriculum vitae
- GRE scores (if required)
- Interview with faculty members

Selection Criteria

Admissions committees evaluate applicants based on academic achievements, research experience, alignment with program values, and potential for success in doctoral training. Diversity and commitment to social justice are also important considerations.

Career Paths and Licensure Preparation

Graduates of the Fordham University PhD Counseling Psychology program are prepared for a variety of professional roles in clinical, academic, and research settings. The program's strong emphasis on licensure requirements ensures that students meet state and national criteria to become licensed psychologists.

Professional Opportunities

Career paths include:

- Licensed Clinical Psychologist
- Academic Faculty Member
- Research Scientist
- Consultant in Healthcare or Educational Settings
- Administrator in Mental Health Agencies

Licensure and Certification

The curriculum and clinical training meet the requirements for licensure in most states, including supervised hours and internship standards. Graduates are prepared to pass the Examination for Professional Practice in Psychology (EPPP) and pursue additional certifications as needed.

Continuing Education and Professional Development

Fordham supports ongoing professional growth by encouraging alumni to engage in continuing education, attend workshops, and contribute to professional organizations. Lifelong learning is emphasized to maintain competence and adapt to evolving best practices in counseling psychology.

Frequently Asked Questions

What is the focus of the PhD program in Counseling Psychology at Fordham University?

The PhD program in Counseling Psychology at Fordham University focuses on training students in psychological theory, research, and practice with an emphasis on multicultural competence and social justice.

How long does it typically take to complete the Counseling Psychology PhD at Fordham University?

The Counseling Psychology PhD program at Fordham University typically takes 5 to 6 years to complete, including coursework, clinical training, research, and dissertation.

What are the admission requirements for the PhD in Counseling Psychology at Fordham University?

Admission requirements generally include a bachelor's or master's degree, GRE scores, letters of recommendation, a personal statement, relevant experience, and an interview.

Does Fordham University's Counseling Psychology PhD program offer clinical internship opportunities?

Yes, the program includes supervised clinical training and requires completion of internships that provide hands-on experience in various counseling settings.

Is the Counseling Psychology PhD program at Fordham University APA-accredited?

Yes, the Counseling Psychology PhD program at Fordham University is accredited by the American Psychological Association (APA), ensuring it meets high standards of education and training.

What career paths are available for graduates of Fordham University's Counseling Psychology PhD program?

Graduates can pursue careers as licensed psychologists, university professors, researchers, clinical supervisors, or work in healthcare, community agencies, and private practice.

Are there research opportunities available for PhD students in Counseling Psychology at Fordham University?

Yes, PhD students have access to various research projects and faculty mentorship to support their scholarly development in areas such as mental health, diversity, and counseling interventions.

What financial aid options are available for Counseling Psychology PhD students at Fordham University?

Fordham offers assistantships, fellowships, scholarships, and financial aid packages to qualified PhD students to help support their education and research activities.

Additional Resources

1. Foundations of Counseling Psychology: Theory and Practice at Fordham University

This book offers a comprehensive overview of counseling psychology principles as taught in Fordham University's PhD program. It covers foundational theories, ethical considerations, and evidence-based practices. Ideal for students and professionals seeking to deepen their understanding of counseling psychology within an academic framework.

2. Advanced Research Methods in Counseling Psychology

Focusing on the rigorous research methodologies emphasized in Fordham's PhD curriculum, this book guides readers through qualitative and quantitative methods. It highlights statistical techniques, data analysis, and the application of research findings to clinical practice. A valuable resource for doctoral candidates preparing dissertations or scholarly publications.

3. Multicultural Counseling Competencies: Insights from Fordham University

This title explores cultural awareness and sensitivity in counseling psychology, reflecting Fordham's commitment to diversity and inclusion. It discusses strategies for working with clients from varied backgrounds and examines social justice issues relevant to mental health. The book promotes culturally competent practice grounded in empathy and respect.

4. Ethics and Professional Issues in Counseling Psychology

Delving into the ethical frameworks taught in Fordham's PhD program, this book addresses confidentiality, dual relationships, and professional boundaries. It provides case studies and decision-making models to help clinicians navigate complex ethical dilemmas. Essential reading for students and practitioners committed to responsible counseling.

5. Integrative Approaches to Psychotherapy: Perspectives from Fordham Counseling Scholars

This book presents a synthesis of therapeutic modalities embraced in Fordham's counseling psychology training. It covers cognitive-behavioral, psychodynamic, humanistic, and systemic approaches, fostering an integrative mindset for treatment planning. The text encourages flexibility

and innovation in clinical interventions.

6. Developmental Psychology and Lifespan Counseling

Highlighting developmental theories relevant to counseling psychology, this book examines human growth from infancy through older adulthood. It aligns with Fordham's emphasis on lifespan development in clinical assessment and intervention. Readers gain insights into age-specific challenges and therapeutic techniques.

7. Clinical Supervision and Training in Counseling Psychology

This volume focuses on the supervisory practices and training models used within Fordham's PhD program. It discusses the role of supervision in professional development, ethical supervision standards, and feedback methods. A guide for future supervisors and trainees aiming to enhance clinical skills and reflective practice.

8. Trauma and Resilience: Counseling Psychology Perspectives

Addressing the impact of trauma and pathways to resilience, this book reflects Fordham's research and clinical emphasis on trauma-informed care. It includes assessment tools, intervention strategies, and case examples that highlight recovery processes. The book is particularly useful for clinicians working with trauma survivors.

9. Community Mental Health and Counseling Psychology

This book explores the role of counseling psychologists in community settings, emphasizing prevention, outreach, and advocacy. It aligns with Fordham's mission to integrate social justice into mental health practice. Topics include program development, policy implications, and collaborative care models to support diverse populations.

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Steven D. Brown, Robert W. Lent, 2008-06-02 This completely revised and updated Fourth Edition of the Handbook of Counseling Psychology presents a cross-disciplinary survey of the entire field?combining a scholarly review of important areas of counseling psychology with current and insightful analyses of topics. The new edition equips you with a leading resource containing the latest information on the prevention and treatment of vocational, educational, and personal adjustment problems.

fordham university phd counseling psychology: Handbook of Multicultural School

Psychology Emilia C. Lopez, Sara G. Nahari, Giselle B. Esquivel, Sherrie L. Proctor, 2012-02-27 This comprehensive handbook offers a beautifully balanced view of the emerging field of multicultural school psychology. The opening section provides an historical overview of how the field has developed, and succeeding sections discuss multicultural issues related to consultation, instructional interventions, alternative assessment, academic assessment, vocational assessment, culturally sensitive counseling models, and working with families and special populations. Theory, research,

and practice are integrated throughout. Key features of this exciting new book include: Interdisciplinary Perspective - Many chapters are written by authors from different disciplines, all of whom have multicultural expertise. The last chapter provides summarizing commentaries written by leaders in different disciplines. Scientist-Practitioner Focus - Evidence-based interventions for culturally and linguistically diverse students are provided for major competency areas such as consultation, counseling, and special programs (e.g., bilingual and multicultural education). Assessment Focus - Multicultural and bilingual assessment issues are discussed in the chapters covering language, cognitive, personality, behavioral, neuropsychological, vocational, acculturational, and academic assessment. Special Populations Focus - The needs of special populations such as culturally different parents, gifted and talented children, preschool children, migrant families, and children with low and high incidence learning disabilities are discussed in section VI. This book is appropriate for graduate courses and seminars dealing with multicultural school psychology. It is also a useful reference for researchers and practicing school psychologists and the libraries serving them.

fordham university phd counseling psychology: Counseling Individuals with Eating Disorders: An Intersectional Approach Merle A. Keitel, Melinda Parisi Cummings, Jennie Park-Taylor, 2025-05-30 Counseling Individuals with Eating Disorders: An Intersectional Approach was written to provide mental health professionals and students of counseling, medicine, psychology, social work, and other helping professions, with useful information and suggestions for their work with individuals with eating disorders.

fordham university phd counseling psychology: Career Development Interventions for Social Justice Margo A. Jackson, Allyson K. Regis, Kourtney Bennett, 2019-01-02 Career development interventions can serve as one means to constructively address the problems of inequitable access to educational and occupational options and achievement that promote health and well-being across the lifespan. Career Development Interventions for Social Justice: Addressing Needs across the Lifespan in Educational, Community, and Employment Contexts offers practical examples of career development interventions that may be adapted to constructively address social justice needs at various points across the lifespan (ranging from elementary school ages to older adults) in educational, community, and employment contexts. Tailored to the needs and context of a specific underserved group of individuals, each intervention integrates relevant career development theory, research, ethical considerations, elements of sound program design and evaluation, and professional competencies for best practices in multicultural career counseling and social justice advocacy. Unique to this book are the contributions of authors, including practicing professional counselors and psychologists, who share their personal reflections of self-awareness from privileged and marginalized identities regarding potential biases and resources of relevance to their chapter's intervention. In the process of designing and providing career development services for individuals from marginalized groups, it is imperative for counselors to continually reflect on and consult about their own biases and resources for empathic understanding and effectiveness with those whom we serve.

fordham university phd counseling psychology: Handbook of Counseling Women Mary Kopala, Merle A. Keitel, 2003 This volume of Handbook of Counseling Women brings together in one place the historical context and current theories of, research on, and the issues involved in the practice of counselling women. Topics covered include the development during adulthood, balancing work and family, pregnancy, childbirth and postpartum and women in intimate relationships.

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adolescent with these issues. Each issue is presented in straightforward chapters that are immediately accessible to those who are currently struggling to address this growing trend among teens. The chapters within each part delve into how to recognize, treat, and approach this illness and incorporate first-person stories from psychologists, teachers, and adolescents themselves.

fordham university phd counseling psychology: The ACA Encyclopedia of Counseling American Counseling Association, 2015-04-15 This premiere counseling reference book is ideal for students, educators, supervisors, researchers, and practitioners seeking to quickly update or refresh their knowledge of the most important topics in counseling. More than 400 entries span the 2009 CACREP core areas used in counselor preparation, continuing education, and accreditation of counseling degree programs, making this a perfect text for introductory counseling classes or for use as a study guide when preparing for the National Counselor Exam. This encyclopedia makes counseling come alive through its user-friendly writing style; instructive examples that connect readers to practice, teaching, supervision, and research; and its helpful cross-referencing of entries, boldfaced important terminology, and suggested resources for further study. *Requests for digital versions from ACA can be found on www.wiley.com. *To purchase print copies, please visit the ACA website *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org

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decisively addresses that oversight as a team of expert scholars and therapists spotlights common female mental disorders, explores the causes, and explains available therapies. In the last two decades, feminist therapists and scholars have called for new models of mental health that value women and femininity. To that end, the four-volume *Women and Mental Disorders* brings together recent research and theory to explore its subject from a feminist perspective. This exhaustive set treats every aspect of women's mental health, from diagnoses to treatment. Underlying the entire work is an awareness of varying cultural definitions of mental health and the importance of understanding a woman's cultural background if treatment is to be respectful and successful. Special attention is also paid to women who have been victims of violence, whether in intimate relationships, the workplace, or at school, and to how these experiences impact mental and physical health, self-concept, interpersonal relationships, and career development. Approaches to treating women with eating disorders, agoraphobia, anxiety and depression, PTSD, and personality disorders are covered as well. Finally, the set provides resources to help readers address their own needs or those of friends and family.

fordham university phd counseling psychology: A Professional's Guide to Understanding Trauma and Loss David E. Balk, Tracy Wong, Janet R. Balk, 2023-06-05 The purpose of this book is to provide vital information regarding loss and trauma to practicing counselors and therapists. Trauma and loss are pervasive presenting problems, many counselors and therapists possess scant understanding of trauma and loss, and little, if any, attention is paid to trauma or to loss in the graduate training of clinical psychology and counseling psychology students. The book is organized into four sections which cover: an overview of loss and trauma, key conceptual frameworks for understanding loss and trauma, review of several types of events producing trauma and loss, and interventions addressing loss and trauma. A key contribution of the book is the focus on losses caused by death and losses due to other reasons. The contributions to practice include the overview of what is known about trauma and about loss; examination of several frameworks for organizing both understanding of and working with traumatized and bereaved clients; rich descriptive cases of individuals coping with various traumatic events and the losses embedded in the trauma; and presentation of various interventions, including changes that can be made in the graduate education of practitioners.

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adolescents Therapy with older couples Same sex couples A variety of theoretical approaches, including Cognitive-Behavioral, Object Relational, Narrative, Integrative, and Feminist and Contextual Special issues and situations, including serious illness, physical aggression, addiction, infidelity, and religious/spiritual commitments or conflicts Providing a diverse set of treatment approaches suited to working with a wide range of adult populations, the Handbook of Couples Therapy is an essential resource for mental health professionals working with couples.

fordham university phd counseling psychology: Human Strengths and Resilience Grant J. Rich, Skultip (Jill) Sirikantraporn, 2017-12-18 Human and Strengths fills a gap in current literature on trauma survivors. Co-editors Grant J. Rich and Skultip (Jill) Sirikantraporn have assembled an international group of leading contributors who have taught, counseled, consulted, and conducted research in all regions of the world, including North America, Europe, Asia, Africa, the Pacific Region, Latin America, the Caribbean Region, and the Middle East. Contributors to this edited collection use their expertise to highlight positive psychology and strength-based approaches to post-traumatic growth and resilience in understudied, developing nations like Cambodia, Haiti, India, Syria, Armenia, Sierra Leone, Taiwan, Guatemala, and South Africa.

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Gabbay, MD, PhD, Chief Scientific and Medical Officer for the American Diabetes Association
Written by leading mental health professionals, this warm and accessible parenting book for children with chronic illnesses offers clear, practical guidance for all aspects of the journey. When you're focused on ensuring your child gets the best possible treatments for their symptoms, it's easy to overlook or dismiss the impact the illness can have on your relationships and emotions. This book places your psychological well-being front and center, so you can be the best caregiver possible for your child.

fordham university phd counseling psychology: Multicultural Perspectives in Working with Families, Fourth Edition Elaine P. Congress, Manny J. González, 2020-05-18
Note to Readers: Publisher does not guarantee quality or access to any included digital components if book is purchased through a third-party seller. Features a new intersectional approach to assessment and treatment and interweaves the perspectives of psychologists Focusing on critical emerging issues in regard to multicultural families, the fourth edition of this popular book reflects fundamental issues surrounding assessment and treatment of families from diverse cultural backgrounds. The most effective treatment methods for working with culturally diverse families across the life cycle are covered in detail. Individual chapters focus on a variety of distinct ethnic groups including African American, Hispanic, Asian American, Native American, and Arab American, as well as the needs of LGBTQ multicultural families and the role of spirituality. The text underlines the importance of an intersectional approach to working with families that, in addition to culture and ethnicity, also considers socioeconomic class, gender, age, religion, immigration status, and sexual orientation as important factors. Additionally, the text expands its direct-practice view with the addition of four new chapters written by psychologists, plus a new chapter on health issues in multicultural families and access to health services. The text is updated with the latest knowledge and research, along with new and revised case vignettes demonstrating culturally competent practice. NEW TO THE FOURTH EDITION: Provides a new intersectional approach to assessment and treatment Adds the perspectives of psychologists in four completely new chapters Includes a new chapter on DSM-5 from a multicultural perspective, plus new chapters on health and access to health services Offers the most up-to-date knowledge and research Provides new and updated case vignettes Reflects changes in the family unit over the last quarter century and how they impact treatment Addresses distinct sociopolitical issues affecting immigrants and undocumented families KEY FEATURES: Focuses on the most important emerging issues of multicultural families Covers multicultural mental health across the life span Encompasses the distinct perspectives of different ethnic and racial groups and those of LGBTQ families Discusses domestic violence and substance abuse in regard to multicultural families Delineates the most effective treatment methods Examines the culturagram as a useful assessment and treatment planning modality Addresses ethical issues including the NASW code of ethics

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