

cray physical therapy braintree ma

cray physical therapy braintree ma is a distinguished provider of rehabilitative services in the Braintree, Massachusetts area, known for its comprehensive approach to patient care and recovery. This facility specializes in personalized physical therapy programs designed to address a wide range of musculoskeletal conditions, injuries, and post-surgical rehabilitation needs. With a team of experienced physical therapists and state-of-the-art equipment, Cray Physical Therapy aims to restore mobility, reduce pain, and improve overall function for patients of all ages. The clinic emphasizes evidence-based techniques and patient education to ensure long-term health benefits and injury prevention. Whether recovering from sports injuries, chronic pain, or neurological disorders, patients at Cray Physical Therapy Braintree MA receive tailored treatment plans that promote effective healing. This article will explore the services offered, the expertise of the clinical team, patient benefits, and what sets Cray Physical Therapy apart in the competitive healthcare landscape of Braintree. Following the introduction, a detailed table of contents will guide readers through the key topics covered.

- Overview of Cray Physical Therapy Services
- Expertise and Qualifications of the Therapy Team
- Personalized Treatment Approaches
- Conditions Treated at Cray Physical Therapy Braintree MA
- Patient Experience and Facility Features
- Insurance and Accessibility Information

Overview of Cray Physical Therapy Services

Cray Physical Therapy Braintree MA offers an extensive range of services aimed at facilitating optimal recovery and enhancing physical function. The clinic provides manual therapy, therapeutic exercises, post-operative rehabilitation, sports injury management, and balance training. These services are designed to target specific needs, whether for acute injuries or chronic conditions. Emphasis is placed on restoring strength, flexibility, and endurance through a combination of hands-on techniques and progressive exercise regimens. This comprehensive service offering ensures that patients receive holistic care tailored to their individual recovery goals.

Manual Therapy and Therapeutic Exercises

Manual therapy at Cray Physical Therapy involves skilled hands-on techniques such as joint mobilization, soft tissue manipulation, and myofascial release. These methods help reduce pain, improve joint mobility, and enhance circulation. Complementing manual therapy, therapeutic exercises are prescribed to rebuild strength and improve functional movement patterns. The

integration of these two modalities allows therapists to address both the symptoms and underlying causes of musculoskeletal impairments effectively.

Post-Operative and Sports Rehabilitation

Post-operative rehabilitation at Cray Physical Therapy is designed to promote safe and efficient recovery following surgeries such as joint replacements, ligament repairs, and fracture fixations. The protocols focus on gradually increasing range of motion and muscle strength to facilitate a return to daily activities. Sports rehabilitation programs are also available, emphasizing injury prevention, performance enhancement, and sport-specific conditioning to ensure athletes achieve their highest potential safely.

Expertise and Qualifications of the Therapy Team

The team at Cray Physical Therapy Braintree MA consists of licensed physical therapists with advanced training and certifications in various specialty areas. Their expertise spans orthopedics, neurology, sports medicine, and geriatrics, allowing them to treat a diverse patient population effectively. Continuous professional development ensures that the staff remains current with the latest research and rehabilitation techniques. This commitment to excellence translates into superior patient outcomes and high satisfaction rates.

Specialized Certifications and Training

Many therapists at Cray Physical Therapy hold certifications such as Certified Orthopedic Manual Therapist (COMT), Certified Strength and Conditioning Specialist (CSCS), and certifications in vestibular rehabilitation and dry needling. These specialized credentials enhance their ability to deliver targeted interventions for complex conditions. Ongoing education and training are prioritized to maintain a cutting-edge approach to patient care.

Interdisciplinary Collaboration

Cray Physical Therapy promotes interdisciplinary collaboration with physicians, orthopedic surgeons, and other healthcare providers to optimize treatment plans. This team-based approach ensures comprehensive care coordination and supports holistic patient recovery. Communication between providers helps tailor therapies to the patient's medical history and current health status, improving safety and effectiveness.

Personalized Treatment Approaches

Individualized care is a cornerstone of the Cray Physical Therapy Braintree MA philosophy. Each patient undergoes a thorough initial evaluation to determine their specific impairments, functional limitations, and rehabilitation goals. Based on this assessment, therapists design customized treatment plans that incorporate patient preferences and lifestyle considerations. This personalized strategy enhances patient engagement, adherence to therapy, and overall rehabilitation success.

Comprehensive Patient Assessments

Assessments at Cray Physical Therapy include detailed musculoskeletal examinations, functional movement analyses, and pain evaluations. These assessments identify biomechanical dysfunctions, muscle imbalances, and neurological deficits. Objective measurements such as range of motion, strength testing, and gait analysis provide baseline data to track progress throughout the treatment course.

Goal-Oriented Rehabilitation Plans

Rehabilitation plans at Cray Physical Therapy focus on measurable goals tailored to each patient's needs. Short-term objectives might include pain reduction and improved mobility, while long-term aims often target full return to work, sport, or daily activities. Therapists frequently adjust treatment plans based on patient progress and feedback, ensuring that rehabilitation remains effective and aligned with recovery milestones.

Conditions Treated at Cray Physical Therapy Braintree MA

The scope of conditions managed at Cray Physical Therapy is broad, encompassing acute injuries, chronic pain syndromes, neurological disorders, and post-surgical rehabilitation. The clinic's expertise enables effective treatment of musculoskeletal problems, balance impairments, and functional limitations affecting diverse patient populations.

Common Musculoskeletal Conditions

Cray Physical Therapy addresses various musculoskeletal conditions including:

- Back and neck pain
- Arthritis and joint degeneration
- Tendonitis and bursitis
- Sprains, strains, and fractures
- Postural dysfunctions and repetitive strain injuries

Therapists use evidence-based interventions to reduce inflammation, restore joint mechanics, and improve muscle function.

Neurological and Balance Disorders

Patients with neurological impairments such as stroke, multiple sclerosis, Parkinson's disease, and

vestibular disorders benefit from specialized rehabilitation programs. Cray Physical Therapy utilizes balance training, gait re-education, and neuromuscular facilitation techniques to improve coordination, stability, and independence.

Patient Experience and Facility Features

Cray Physical Therapy Braintree MA prides itself on delivering a patient-centered experience within a modern, welcoming environment. The clinic is equipped with advanced rehabilitation technologies and comfortable treatment spaces designed to enhance the therapeutic process.

State-of-the-Art Equipment

The facility includes equipment such as therapeutic ultrasound, electrical stimulation devices, resistance training machines, and balance platforms. These tools support various treatment modalities and enable therapists to customize interventions effectively. The integration of technology facilitates objective progress monitoring and enhances patient motivation.

Supportive and Professional Atmosphere

Staff members at Cray Physical Therapy foster a supportive atmosphere that encourages patient confidence and active participation in rehabilitation. Clear communication, empathy, and education are prioritized to empower patients with knowledge about their conditions and recovery strategies.

Insurance and Accessibility Information

Cray Physical Therapy Braintree MA accepts a wide range of insurance plans to accommodate patient financial needs. The clinic also offers flexible scheduling options to ensure accessibility for working individuals and families. Convenient location and ample parking further contribute to ease of access.

Insurance Plans Accepted

The clinic works with major commercial insurers, Medicare, and Medicaid programs. Verification of benefits and assistance with insurance claims are provided to streamline the administrative process and reduce patient burden.

Appointment Scheduling and Accessibility

Patients can schedule appointments through multiple channels, including phone and online booking systems. The clinic is compliant with the Americans with Disabilities Act (ADA), ensuring barrier-free access for individuals with mobility challenges.

Frequently Asked Questions

What services does Cray Physical Therapy in Braintree, MA offer?

Cray Physical Therapy in Braintree, MA offers a variety of services including orthopedic rehabilitation, sports injury treatment, post-surgical recovery, manual therapy, and personalized exercise programs.

How can I book an appointment at Cray Physical Therapy in Braintree, MA?

You can book an appointment at Cray Physical Therapy by calling their Braintree location directly or by visiting their website to schedule an appointment online.

Does Cray Physical Therapy accept insurance at their Braintree, MA clinic?

Yes, Cray Physical Therapy in Braintree, MA accepts most major insurance plans. It is recommended to verify with the clinic or your insurance provider to confirm coverage.

What makes Cray Physical Therapy in Braintree, MA different from other clinics?

Cray Physical Therapy stands out due to its personalized treatment plans, experienced therapists, state-of-the-art equipment, and a focus on patient education and long-term recovery.

Are there any patient reviews available for Cray Physical Therapy in Braintree, MA?

Yes, many patients have left positive reviews online highlighting the professionalism, effective treatments, and friendly staff at Cray Physical Therapy in Braintree, MA.

What conditions can Cray Physical Therapy in Braintree, MA help treat?

Cray Physical Therapy treats a range of conditions including back and neck pain, sports injuries, arthritis, post-operative rehabilitation, and neurological conditions.

Is Cray Physical Therapy in Braintree, MA currently open and following COVID-19 safety protocols?

Yes, Cray Physical Therapy in Braintree, MA is open and adheres to strict COVID-19 safety protocols such as enhanced cleaning, social distancing, and mask requirements to ensure patient and staff safety.

Additional Resources

1. *Comprehensive Guide to Cray Physical Therapy in Braintree, MA*

This book offers an in-depth look at the techniques and therapies used at Cray Physical Therapy in Braintree, MA. It covers patient assessment, customized treatment plans, and advanced rehabilitation methods. Ideal for both practitioners and patients wanting to understand the therapeutic approach practiced at this facility.

2. *Rehabilitation Strategies at Cray Physical Therapy, Braintree*

Focusing on effective rehabilitation strategies, this book explores the various methods employed by Cray Physical Therapy in Braintree to help patients recover from injuries. It includes case studies, success stories, and expert advice on physical therapy best practices. A valuable resource for therapists and patients alike.

3. *Innovative Physical Therapy Techniques: Insights from Cray Braintree*

Delve into the innovative techniques used at Cray Physical Therapy in Braintree, MA. This book highlights cutting-edge treatments, including manual therapy, therapeutic exercises, and technology-assisted rehabilitation. It serves as a guide for physical therapists seeking to enhance their skills with modern methods.

4. *Patient-Centered Care at Cray Physical Therapy, Braintree*

This title emphasizes the importance of personalized care in physical therapy, showcasing how Cray Physical Therapy in Braintree tailors treatments to individual patient needs. It discusses communication, goal-setting, and patient engagement strategies that improve outcomes. A must-read for healthcare professionals focused on patient-centered practice.

5. *Managing Sports Injuries with Cray Physical Therapy, Braintree*

Specifically targeting sports-related injuries, this book outlines the protocols and therapies used by Cray Physical Therapy in Braintree to help athletes recover and return to peak performance. Topics include injury prevention, rehabilitation exercises, and performance enhancement techniques. Perfect for athletes, coaches, and therapists.

6. *Neurological Rehabilitation at Cray Physical Therapy, Braintree*

This book covers specialized physical therapy approaches for neurological conditions offered at Cray Physical Therapy in Braintree, MA. It addresses treatment plans for stroke, Parkinson's disease, and multiple sclerosis patients. An essential guide for therapists working with neurological impairments.

7. *Pediatric Physical Therapy Practices at Cray Braintree*

Focusing on pediatric care, this book discusses the unique challenges and treatment plans implemented by Cray Physical Therapy in Braintree for children with various physical disabilities. It includes developmental milestones, family involvement, and therapy adaptations. A great resource for pediatric therapists and parents.

8. *Chronic Pain Management Through Cray Physical Therapy, Braintree*

Explore methods and therapies used at Cray Physical Therapy to manage and alleviate chronic pain conditions. This book presents multidisciplinary approaches, patient education, and long-term care strategies. Useful for patients struggling with chronic pain and clinicians seeking effective treatment options.

9. *Post-Surgical Rehabilitation Insights from Cray Physical Therapy, Braintree*

Detailing the post-operative care and rehabilitation services, this book outlines the recovery journey

facilitated by Cray Physical Therapy in Braintree. It includes protocols for different types of surgeries, timelines, and progressive exercise regimens. Ideal for surgeons, therapists, and patients aiming for optimal recovery outcomes.

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cray physical therapy braintree ma: Who's Who in the Midwest Marquis Who's Who, Marquis Who's Who Staff, 1998 Profiles the most influential men and women from America's heartland Contains over 16,000 biographies of people working in Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska. North Dakota, Ohio, South Dakota, and Wisconsin in the United States, and from Manitoba and western Ontario in Canada.

cray physical therapy braintree ma: Quick Reference Dictionary for Physical Therapy Jennifer Bottomley, 2024-06-01 Quick Reference Dictionary for Physical Therapy has been revised and updated into a Third Edition to include the latest information in the field of physical therapy. This reference book, designed specifically for the physical therapy and physical therapist assistant student and practitioner, provides a magnitude of terms, definitions, guidelines, and references essential to the field. This Third Edition provides quick access to over 3400 words and their definitions that are encountered on a day-to-day basis (400 more than the previous edition). There are also 41 appendices in this user-friendly, pocket-sized reference where you can find information such as lists of general acronyms and abbreviations for words commonly used in physical therapy/rehabilitation; commonly used acronyms for evaluative tests and measures; and definitions of impairment, disability, and handicap as established and accepted by the World Health Organization. What is new inside the Third Edition: • More than 100 new abbreviations and acronyms • Updated Code of Ethics for the Physical Therapist • A new Drug Prescribing and Elimination Abbreviations appendix • Updates to suggested readings Quick Reference Dictionary for Physical Therapy, Third Edition is the perfect, pocket size, affordable companion for school, clinical affiliations, and physical therapy practice.

cray physical therapy braintree ma: Foundations: An Introduction to the Profession of Physical Therapy Stephen J. Carp, 2019-01-28 A unique blueprint to a successful physical therapy practice from renowned experts In the last 100 years, the profession of physical therapy has grown from a little-known band of reconstruction aides to a large and expanding worldwide group of dedicated professionals at the cutting edge of health care diagnostics, interventions, research, ethics, and altruistic community service. Foundations: An Introduction to the Profession of Physical Therapy by distinguished physical therapist and educator Stephen Carp reflects nearly 40 years of expertise in this evolving field. The book covers the the background music of physical therapy - important issues aspiring physical therapists and physical therapist assistants need to master prior to starting clinical practice. Sixteen chapters present a broad spectrum of content, covering core behavioral, clinical, and professional concerns encountered in practice. Experts provide firsthand guidance on reimbursement, working as a healthcare team, documentation, ethical issues and community service, clinical research and education, an overview of the APTA, career development, and more. Key Highlights From the history of the profession to cultural, spiritual and legal aspects of practice, this unique resource provides insights not found in traditional physical therapy foundation

textbooks About 20 comprehensive vignettes with real-life experiences enhance the text Text boxes with insightful first-person narratives highlight chapter content A list of review questions and meticulous references at the end of every chapter enhance learning and encourage further research All PT and PTA students will benefit from the expert wisdom and pearls shared in this essential reference.

cray physical therapy braintree ma: Physical Therapy; a Career of Science and Service American Physical Therapy Association, 1956

cray physical therapy braintree ma: Physical Therapy Management of Patients with Spinal Pain Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside *Physical Therapy Management of Patients With Spinal Pain*, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include:

- Over 650 photographs, images, and tables
- Access to a supplemental video Website with new book purchase
- Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine
- Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment

Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with *Physical Therapy Management of Patients With Spinal Pain* is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

cray physical therapy braintree ma: Outline of Physical Therapy Massachusetts Medical Society. Committee on Physical Therapy, 1940

cray physical therapy braintree ma: Clinical Reasoning and Decision Making in Physical Therapy Gina Musolino, Gail Jensen, 2024-06-01 Clinical reasoning is an essential non-negotiable element for all health professionals. The ability of the health professional to demonstrate professional competence, compassion, and accountability depend on a foundation of sound clinical reasoning. The clinical reasoning process needs to bring together knowledge, experience, and understanding of people, the environment, and organizations along with a strong moral compass in making sound decisions and taking necessary actions. While clinical reasoning and the role of mentors has been a focus of the continued growth and development of residency programs in physical therapy, there is a critical need to have a broader, in-depth look at how educators across academic and clinical settings intentionally facilitate the development of clinical reasoning skills across one's career. *Clinical Reasoning and Decision Making in Physical Therapy: Facilitation, Assessment, and Implementation* fills this need by providing a comprehensive and in-depth focus on development of the patient-client management skills of clinical reasoning and clinical decision-making. It takes into account teaching and learning strategies, assessment, and technological applications across the continuum from novice to residents/fellows-in-training, along with academic and clinical faculty for both entry-level and specialist practice. Drs. Gina Maria Musolino and Gail Jensen have designed this comprehensive resource with contributions from

professional colleagues. The text centers on life-long learning by encouraging the development of clinical reasoning abilities from professional education through residency education. The aim and scope of the text is directed for physical therapy education, to enhance clinical reasoning and clinical decision-making for developing professionals and post-professionals in both clinical and academic realms, and for the development of clinical and academic faculty. Clinical Reasoning and Decision Making in Physical Therapy uniquely offers both evidence-based approaches and pragmatic consultation from award-winning authors with direct practice experiences developing and implementing clinical reasoning/clinical decision-making in practice applications for teaching students, residents, patients, and clinical/academic faculty in classrooms, clinics, and through simulation and telehealth. Clinical Reasoning and Decision Making in Physical Therapy is the first of its kind to address this foundational element for practice that is key for real-world practice and continuing competence as a health care professional. Physical therapy and physical therapist assistant students, faculty, and clinicians will find this to be an invaluable resource to enhance their clinical reasoning and decision making abilities.

cray physical therapy braintree ma: Psychosocial Elements of Physical Therapy Hannah Johnson, 2024-06-01 Physical therapists know that their patients are more than just a list of symptoms. They are people first, often with a complex mix of medical and psychiatric circumstances, who may receive a wide range of care from a team of professionals. Keeping this in mind, *Psychosocial Elements of Physical Therapy: The Connection of Body to Mind* is both a textbook and a clinical resource for physical therapist students and clinicians practicing in any patient population with psychological concerns or disorders. Inside, Dr. Hannah Johnson provides an essential introduction of psychosocial concepts, general treatment approaches for culturally sensitive care, and selected classes of mental illness as defined by the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM-5). A complete review of the current research and evidence base provides students a strong foundation to build their careers on, but can also act as a crash-course in the most recent literature for the busy clinician. Features: Clear, concise language and layout for efficient learning Application-based review questions Real world case studies to apply critical thinking skills Evidence-based practical tests and measures Vocabulary terms that facilitate interdisciplinary teamwork *Psychosocial Elements of Physical Therapy: The Connection of Body to Mind* provides physical therapist students and clinicians with an efficient yet comprehensive guide to helping patients with psychological concerns or disorders.

cray physical therapy braintree ma: Foundations of Physical Therapy Ronald W. Scott, 2002 This essential core textbook for the early phase of a physical therapy program takes a global approach to the profession, focusing on both practice specialties, as well as practice settings, populations served, and essential issues such as specialization, relations with complementary health professionals, and education. FEATURES * Uses terminology based on APTA's new Guide to Physical Therapist Practice * Examines special audiences, including pediatric, geriatric, orthopedic, and neurologic * Written by a single author for a uniform and cohesive presentation * Includes the full text of the Model Practice Act for Physical Therapy

cray physical therapy braintree ma: Quick Reference to Physical Therapy Julie A. Pauls, Kathlyn L. Reed, 2004 Provides a synopsis of the diseases, disorders and dysfunctions referenced in the physical therapy literature. The format used gives all therapists, whether, they are students, clinicians, educators, or researchers, quick access to the information needed to assess, educate, and treat clients.

cray physical therapy braintree ma: Wellness and Holistic Physical Therapy, 2nd Edition Sharon Fair, 2020-10 Wellness and Holistic Physical Therapy, 2nd edition is 'the' textbook for DPT programs to incorporate into their curriculum to ensure their students meet the wellness-related requirements of CAPTE, APTA's Normative Model of Professional Physical Therapist Education, and APTA's Minimum Required Skills of Entry-Level Physical Therapist Graduates, and are thus perfectly prepared to provide holistic physical therapy to maximize patient outcomes. Wellness and Holistic Physical Therapy, 2nd edition incorporates ATPA Guide's 3.0, Healthy People's

Leading Health Indicators, and up to the minute evidence-based information. APTA's Patient/Client Management Model is enhanced with holistic tools such as the Stages of Wellness, Brief Teach, Guided Exploration, and Motivational Education. Research supporting traditional medicines (i.e., tai chi, cupping, acupressure, etc.) and 'forward thinking' concepts such as plant-based nutrition and CBD is explored and applied to the provision of physical therapy. Topics also include 'self-medications' (e.g., smoking and cessation), mental illness comorbidities, gender identity, pelvic health, African-Americans and wellness, self-wellness of physical therapists, and more! An entire chapter is dedicated to holistic physical therapy case scenarios, which can be used for small group assignments. Another chapter focuses on community wellness, and includes several types of community wellness projects. The 'Future is the Internet' chapter introduces tele-health and provides instructions for student creation of a 'holistic physical therapy website.' Woven throughout the textbook are case scenarios, images of mock patients, and lots of color to engage the reader and enhance the learning experience.

cray physical therapy braintree ma: *Physical Therapy in Acute Care* Daniel Joseph Malone, Kathy Lee Bishop Lindsay, 2006 Safe and effective management is a top priority for every physical therapy student or clinician involved with patients in the acute care setting. *Physical Therapy in Acute Care: A Clinician's Guide* is a user-friendly, pocket-sized, evidence-based text that guides and reinforces successful acute care patient management. *Physical Therapy in Acute Care* provides clinicians with an understanding of the basic physiological mechanisms underlying normal function of all major organ systems, contrasted with the pathophysiology of the disease and disorders that physical therapists will most often encounter in an acute care environment. Inside the pages of *Physical Therapy in Acute Care*, Daniel Malone and Kathy Lee Bishop-Lindsay provide a comprehensive review of acute physical therapy best practice. This text builds upon fundamental knowledge by addressing important components of patient examination, discussing relevant medical tests, and listing diseases and diagnoses alphabetically with brief medical management. Some Chapter Topics Include: • Cardiovascular, pulmonary, musculoskeletal, gastrointestinal, genitourinary, and neurological diseases and disorders • The immune system and infectious disease • Oncology rehabilitation • Wound care • Transplantation Each chapter highlights important physical therapy concerns, examination findings, and rehabilitation interventions. In addition, *Physical Therapy in Acute Care* includes numerous tables, figures, review questions, and case studies that highlight the physical therapy patient care model as outlined in the *Guide to Physical Therapist Practice*. Exciting Features: • An in-depth description of laboratory tests and procedures incorporating the physiologic significance of abnormal findings • Pharmacologic information for each organ system chapter including side effects of common medical interventions • A chapter on deconditioning and bed rest effects in the acute care environment • A discharge recommendation decision tree Whether you are a student of physical therapy, a physical therapist entering the acute care environment, or an experienced acute care physical therapist, *Physical Therapy in Acute Care* is the only resource for successful patient management you will need by your side.

cray physical therapy braintree ma: *Documentation for Rehabilitation* Lori Quinn, James Gordon, 2015-12-11 Better patient management starts with better documentation! *Documentation for Rehabilitation: A Guide to Clinical Decision Making in Physical Therapy*, 3rd Edition shows how to accurately document treatment progress and patient outcomes. Designed for use by rehabilitation professionals, documentation guidelines are easily adaptable to different practice settings and patient populations. Realistic examples and practice exercises reinforce concepts and encourage you to apply what you've learned. Written by expert physical therapy educators Lori Quinn and James Gordon, this book will improve your skills in both documentation and clinical reasoning. A practical framework shows how to organize and structure PT records, making it easier to document functional outcomes in many practice settings, and is based on the International Classification for Functioning, Disability, and Health (ICF) model - the one adopted by the APTA. Coverage of practice settings includes documentation examples in acute care, rehabilitation, outpatient, home care, and nursing homes, as well as a separate chapter on documentation in pediatric settings. Guidelines to

systematic documentation describe how to identify, record, measure, and evaluate treatment and therapies - especially important when insurance companies require evidence of functional progress in order to provide reimbursement. Workbook/textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts. NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations, re-evaluations, and discharge summaries. UPDATED content is based on data from current research, federal policies and APTA guidelines, including incorporation of new terminology from the Guide to Physical Therapist 3.0 and ICD-10 coding. EXPANDED number of case examples covers an even broader range of clinical practice areas.

cray physical therapy braintree ma: Expertise in Physical Therapy Practice Gail M. Jensen, 2007 **Selected for Doody's Core Titles® 2024 in Physical Therapy** This comprehensive text examines what it takes to progress toward - and ultimately become - an expert in physical therapy. It explores multiple dimensions of expertise: how expert practitioners develop, what knowledge they use, where they acquire that knowledge, how they think and reason, how they make decisions, and how they perform in practice to demonstrate what it takes to progress and ultimately become an expert in physical therapy. Introduces the four core concepts that comprise the model of expertise: Knowledge, Clinical Reasoning, Movement, and Virtue A Data Collection Tools Appendix provides a step-by-step description of the process that the authors used to select, interview, and collect data from the experts in each case study to demonstrate the use of critical thinking and research-based analysis Contributed chapters on Expert Practice and Clinical Outcomes, Clinical Reasoning and Expert Practice, and Implications for Practice Implications for Practice chapter covers the implementation and results of this model of expertise in a staff development program A Postscript The Voices of our Experts 10 Years Later where clinicians share the evolution of their expertise Two chapters on Inquiry into Expertise and Implications for Doctoral Level Education in Physical Therapy provide insights into the practical application of the core concepts of the physical therapy model of expertise and facilitate the continued development of expertise in physical therapy.

cray physical therapy braintree ma: Acute Care Physical Therapy Daniel J. Malone, Kathy Lee Bishop, 2024-06-01 Acutely ill patients are found in the hospital, in the skilled nursing facility, in inpatient rehabilitation facilities, in outpatient practices, and in the home. The role of the physical therapist and physical therapist assistant is to rehabilitate these vulnerable and frail patients to enhance their health and functioning. The goal of Acute Care Physical Therapy: A Clinician's Guide, Second Edition is to provide the acute care practitioner with the necessary knowledge to improve patients' structural impairments and activity limitations so they can more successfully participate in life. Nothing could be more challenging and rewarding. Inside, Drs. Daniel Malone and Kathy Lee Bishop, along with their contributors, provide a comprehensive review of acute care physical therapist best practice. This text builds upon fundamental knowledge by addressing important components of the patient examination ranging from the patient's medical history to laboratory testing to life supporting equipment. Following this introduction, each chapter highlights specific organ systems with a review of pertinent anatomy and physiology followed by common health conditions and medical management. Important physical therapy concerns, examination findings, and rehabilitation interventions are discussed in detail. This Second Edition includes numerous tables, figures, review questions, and case studies that highlight clinical reasoning and the physical therapy patient care model as outlined in the Guide to Physical Therapist Practice. New in the Second Edition: Increased focus on evidence-based examination, evaluation, and intervention The latest technology in physiologic monitoring and patient support equipment Introduces the "PT Examination" and "ICU" algorithms to promote safe and progressive rehabilitation Emphasis on clinical decision making through the application of a clinical reasoning model applied to the end of chapter cases Acute Care Physical Therapy: A Clinician's Guide, Second Edition will serve as a valuable education tool for students, newer professionals as well as post-professionals who provide therapy services to the acutely ill patient regardless of setting.

cray physical therapy braintree ma: Guide to Evidence-Based Physical Therapy Practice

Dianne V. Jewell, 2007-07-20 Finally, a text designed specifically for physical therapists to facilitate evidence-based practice in both the classroom and in the clinic. *Guide to Evidence-Based Physical Therapy Practice* provides readers with the information and tools needed to appreciate the philosophy, history, and value of evidence-based practice, understand what constitutes evidence, search efficiently for applicable evidence in the literature, evaluate the findings in the literature, and integrate the evidence with clinical judgement and individual patient preferences and values. This unique handbook combines the best elements of multiple texts into a single accessible guide. Divided into four sections that break down the research process, this user-friendly text also includes key terms, learning objectives, exercises, diagrams, worksheets, and useful appendices. This text is perfect for both physical therapists and students!

cray physical therapy braintree ma: *Teaching and Learning in Physical Therapy* Margaret Plack, Maryanne Driscoll, 2024-11-04 *Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition* is based on the teaching, research, and professional experiences of Drs. Margaret Plack and Maryanne Driscoll, who together have over 60 years of experience. More importantly it contains practical information that allows students, educators, and clinicians to develop optimal instructional strategies in a variety of settings. Clinical scenarios and reflective questions are interspersed throughout, providing opportunities for active learning, critical thinking, and immediate direct application. Grounded in current literature, the Second Edition is geared for physical therapists, physical therapist assistants, students, educators, and other health care professionals. By extending the principles of systematic effective instruction to facilitate critical thinking in the classroom and the clinic, and providing strategies to enhance communication and collaboration, the Second Edition has a strong theoretical basis in reflective practice, active learning strategies, and evidence-based instruction. Features: A user-friendly approach integrating theory and practical application throughout Classroom/clinical vignettes along with integrative problem solving activities and reflective questions to reinforce concepts Key points to remember and chapter summaries throughout Updated references and suggested readings at the end of each chapter Included with the text are online supplemental materials for faculty use in the classroom. In physical therapy, teaching and learning are lifelong processes. Whether you are a student, clinician, first time presenter, or experienced faculty member, you will find *Teaching and Learning in Physical Therapy: From Classroom to Clinic, Second Edition* useful for enhancing your skills both as a learner and as an educator in physical therapy.

cray physical therapy braintree ma: *Integrative Therapies in Rehabilitation* Carol M. Davis, 2024-06-01 For more than 20 years, *Integrative Therapies in Rehabilitation* continues to be a most researched resource on complementary and alternative therapies in rehabilitation. This renowned text, now in its Fourth Edition, relates the updated scientific evidence and the clinical efficacy of integrating what have now become well known complementary and alternative therapies in rehabilitation to successfully improve patient outcomes. This text has been developed to accompany university courses in complementary and alternative therapies, as a reference manual for clinical practices, and as a resource for those interested in the science behind holistic therapies. Holistic therapies are those therapies not commonly found in allopathic medicine that are intended to stimulate a therapeutic response from both the body - neuromusculoskeletal and cardiopulmonary systems - and the mind. *Integrative Therapies in Rehabilitation, Fourth Edition* by Dr. Carol M. Davis is particularly designed for those health professionals who want to understand the scientific foundation and peer reviewed research supporting complementary and alternative therapies. The Fourth Edition is divided into two parts. The beginning chapters describe the latest cellular biology science and explain the theories put forth on the overall mechanisms of action of the effect of these various therapies on the soft tissue, fascia and nervous systems. The first part also chronicles the advancement of scientific research in the various therapies since the 1980's to explain, in cellular physiology terms, the outcomes observed by using a number of holistic therapies. The second part presents various therapies commonly integrated with allopathic therapies in rehabilitation - body work therapies, mind/body therapies, and energy work therapies. The text describes each therapy

with a history, cellular mechanism of action, and an up-dated reference section of the evidence of efficacy for the therapy as reported in the literature, often concluding with a case example. Integrative Therapies in Rehabilitation, Fourth Edition will be the go-to resource for health professionals to understand the scientific evidence and efficacy of complementary and alternative therapies for rehabilitation and improving patient outcomes.

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