

bible verses on meditation

bible verses on meditation offer profound insights into the practice of reflective prayer and spiritual contemplation as taught in the Scriptures. Meditation in the Bible is often associated with pondering God's word, seeking His guidance, and fostering a deep connection with the divine. This article explores key bible verses on meditation, highlighting their meaning and application for believers seeking spiritual growth. It also examines the role of meditation in Christian life, its biblical foundation, and how it can lead to peace, wisdom, and a closer relationship with God. Understanding these scripture passages enriches one's devotional life and encourages a mindful approach to faith. The following sections provide an organized look at scriptural references and practical aspects of meditation according to biblical teachings.

- Understanding Meditation in the Bible
- Key Bible Verses on Meditation
- The Spiritual Benefits of Meditation
- How to Practice Biblical Meditation
- Common Misconceptions about Biblical Meditation

Understanding Meditation in the Bible

Meditation in the biblical context differs from secular or Eastern meditation practices. It primarily involves thoughtful consideration, reflection, and focused contemplation on God's word and His works. The Hebrew word "hagah," often translated as meditate, means to murmur, mutter, or speak softly, indicating a deep internal dialogue with God's truth. Unlike emptying the mind, biblical meditation fills the mind with scripture and God's promises. This practice is rooted in Old Testament traditions and continues into the New Testament, emphasizing a heart directed toward God.

The Meaning of Meditation in Scripture

Scriptural meditation focuses on immersing oneself in the word of God to understand His will and character more profoundly. It is an active process of engaging the mind and spirit with divine truth, often involving repetition and memorization of scripture. This form of meditation encourages believers to internalize God's teachings and apply them in daily life.

Historical Context of Meditation in the Bible

Meditation has been part of Jewish worship and devotion for centuries, as seen in the Psalms and the writings of the prophets. Ancient believers meditated on the law of the Lord day and night, indicating its importance for spiritual vitality and obedience. This tradition was carried into Christian practice, where meditation supports prayer and worship.

Key Bible Verses on Meditation

Numerous bible verses on meditation highlight its significance and provide guidance for believers. These verses encourage focusing on God's word and promises as a source of strength and wisdom.

Psalm 1:2-3

"But his delight is in the law

Frequently Asked Questions

What does the Bible say about meditation?

The Bible encourages meditation as a way to reflect on God's word and deepen one's relationship with Him. For example, Psalm 1:2 says, 'But his delight is in the law of the Lord, and on his law he meditates day and night.'

Which Bible verses emphasize the importance of meditation?

Key verses include Joshua 1:8, Psalm 1:2, and Psalm 119:15, all of which highlight meditating on God's word as a source of wisdom and guidance.

How can meditation help in spiritual growth according to the Bible?

Meditation helps believers focus on God's teachings, internalize scripture, and seek His presence, fostering spiritual growth and a closer relationship with God.

Is biblical meditation different from other forms of meditation?

Yes, biblical meditation involves focusing on God's word and His attributes, whereas other forms may focus on emptying the mind. Biblical meditation is purposeful reflection on scripture.

What is a good Bible verse to meditate on for peace?

Philippians 4:6-7 is often recommended: 'Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.'

Can meditation on Bible verses improve mental health?

Meditating on Bible verses can provide comfort, reduce anxiety, and promote a sense of peace and purpose, positively impacting mental health.

How does Psalm 119:15 encourage meditation?

Psalm 119:15 says, 'I will meditate on your precepts and fix my eyes on your ways.' This encourages believers to focus intently on God's teachings and live according to His guidance.

What practical steps does the Bible suggest for effective meditation?

The Bible suggests reading scripture thoughtfully, reflecting on its meaning, praying for understanding, and applying the lessons to daily life as practical steps for meditation.

Additional Resources

1. *"Meditation on the Word: Finding Peace through Scripture"*

This book explores various Bible verses that emphasize the power of meditating on God's Word. It provides practical techniques for incorporating scripture meditation into daily life to foster spiritual growth and inner peace. Readers will find inspiring reflections and guided prayers to deepen their connection with God.

2. *"Be Still: Biblical Meditations for the Anxious Heart"*

Focused on verses that encourage stillness and trust in God, this book offers comforting meditations for those struggling with anxiety. Through scripture-based reflections, it teaches readers how to quiet their minds and lean on God's promises. Each chapter includes a verse, meditation, and a prayer to help cultivate calmness.

3. *"The Power of Psalm Meditation"*

This book highlights the Psalms as a rich source for meditation and spiritual renewal. It guides readers through selected Psalms, revealing their timeless relevance and emotional depth. Practical advice is given on how to meditate on these prayers and praises to strengthen faith and resilience.

4. *"Living the Word: Daily Meditations from the Bible"*

Designed as a daily devotional, this book offers short meditations based on key Bible verses about meditation and reflection. It encourages readers to make scripture meditation a daily habit to transform their mindset and actions. Each entry includes a verse, a meditation, and a challenge to live out the Word.

5. *"Meditating with Jesus: Lessons from the Gospels"*

Focusing on the teachings and example of Jesus, this book invites readers to meditate on gospel passages that reveal His wisdom and love. It provides insights into how Jesus practiced contemplation and how believers can follow His example. The meditations aim to nurture a closer relationship with Christ.

6. *"Renew Your Mind: Biblical Meditation for Transformation"*

This book emphasizes the transformative power of meditating on scripture as described in verses like Romans 12:2. It offers practical steps to replace negative thoughts with God's truth through focused meditation. Readers are encouraged to experience mental and spiritual renewal by immersing themselves in God's Word.

7. *"Quiet Waters: Finding Rest through Bible Meditation"*

Drawing inspiration from verses that describe God as a source of rest, this book teaches how to find tranquility through meditative prayer. It provides a gentle guide to slowing down and reflecting on God's promises amid life's chaos. The meditations are designed to restore the soul and refresh the spirit.

8. *"Anchored in the Word: Meditations for Steadfast Faith"*

This book centers on scripture that anchors believers in faith during trials and uncertainties. It offers meditations that reinforce trust in God's faithfulness and sovereignty. Through reflective reading and prayer, readers learn to stand firm and find hope in God's unchanging Word.

9. *"Heart and Mind: Integrating Bible Meditation into Daily Life"*

This practical guide teaches how to weave biblical meditation into everyday routines and challenges. It explores verses that connect heart and mind transformation through God's Word. The book includes exercises for mindful scripture meditation that enhance spiritual awareness and personal growth.

Bible Verses On Meditation

Find other PDF articles:

<http://www.devensbusiness.com/archive-library-709/files?ID=GWt33-5115&title=teacher-salary-increase-florida.pdf>

bible verses on meditation: The 100 Most Important Bible Verses for Leaders Thomas Nelson, 2006-05-02 God has called men and women to leadership excellence, and He's given them the Source - His Word - for leadership success. In this latest volume of the 100 Most Important Bible Verses series, readers will be equipped for greatness as they discover how God wants them to reach their goals, manage challenging situations, overcome fear, work in harmony with their partners, teams and employees, and spur others on to be their best.

bible verses on meditation: 100 Bible Verses Everyone Should Know by Heart Robert J. Morgan, 2010 Clearer thoughts, steadier nerves, healthier emotions, purer habits, happier homes, greater respect, and eternal optimism are the rewards promised in 100 Bible Verses Everyone Should Know by Heart.

bible verses on meditation: Old English Biblical Verse Paul G. Remley, 1996-06-28 An extended study of the Old Testament poems of the Junius collection as a group.

bible verses on meditation: How to Overcome and Prevent Depression Wenjue Hu, 2012-12-28 This book provides the tools for you to overcome and prevent depression in its spiritual, socio-emotional, and biochemical aspects.

bible verses on meditation: Bible Study and Meditation Hendrickson Publishers, 2015-06-01 As you learn to incorporate spiritual practices into your life, you'll find that everyday life is easier. Containing practical tips and direction on how to read the books of the Bible, Bible Study and Meditation is a 5-session study that helps you build and improve upon this holy habit. Each session consists of the following sections: commentary, discussion questions, points to ponder, prayer, put it into practice, and a take-away treasure.

bible verses on meditation: Jewish Meditation Aryeh Kaplan, 2011-01-12 Students of meditation are usually surprised to discover that a Jewish meditation tradition exists and that it was an authentic and integral part of mainstream Judaism until the eighteenth century. Jewish Meditation is a step-by-step introduction to meditation and the Jewish practice of meditation in particular. This practical guide covers such topics as mantra meditation, contemplation, and visualization within a Jewish context. It shows us how to use meditative techniques to enhance prayer using the traditional liturgy—the Amidah and the Shema. Through simple exercises and clear explanations of theory, Rabbi Kaplan gives us the tools to develop our spiritual potential through an authentically Jewish meditative practice.

bible verses on meditation: Bearing Fruit in God's Family The Navigators, 2014-02-27 Over 500,000 Sold in Series! Bear fruit for a lifetime through the life-giving habits of Bible reading, prayer, and evangelism. Learn to prioritize and balance them as you blend them together into a unified whole. Combined with the practices and knowledge you gained in books one and two of The 2:7 Series, Bearing Fruit in God's Family will help you connect everything together: studying, meditating on, and memorizing Scripture, and identifying personally with Jesus. Together, these skills will nourish your soul for a lifetime of fruitful ministry. What is The 2:7 Series? The 2:7 Series is discipleship training with a proven track record. Each installment leads participants through the fundamentals of discipleship to strengthen their walk with God. Book One: Growing Strong in God's Family Book Two: Deepening Your Roots in God's Family Book Three: Bearing Fruit in God's Family Biblically rooted and practically focused, The 2:7 Series develops disciples who experience long-term, life-changing results. Each book includes Bible studies to ground your faith Bible-reading practices to foster consistent habits Helpful illustrations to inform your outlook In-depth teaching on evangelism and prayer to grow a vibrant faith Scripture memory guides to make God's Word your own "Rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness." —Colossians 2:7

bible verses on meditation: An Introduction to Biblical Hermeneutics Walter C. Kaiser, Moisés Silva, 1994 Bernard Ramm's Protestant Biblical Hermeneutics, published in 1956, attracted a broad spectrum of Bible readers and set the tone of biblical interpretation for a whole generation of evangelical students. An Introduction to Biblical Hermeneutics could have a similar role for this generation at the end of the twentieth century. Almost every assumption that Ramm made has been challenged and tested by the winds of modernity and post-modernity. The severity of the changes from earlier patterns of thinking is reflected in the subtitle to this book, The Search for Meaning. This book is distinctive from others on hermeneutics in that the authors, rather than writing from a single viewpoint, hold differing opinions on many issues. There are more areas where they agree than disagree, including the authority of Scripture and the primacy of authorial meaning; but where they disagree is precisely where the issues are most crucial for the future. So the readers are invited, in effect, to eavesdrop on a vibrant dialogue between two scholars and to reach their own conclusions. Despite the convivial tone, the readers must not mistake how great the stakes are. In a culture that prizes individuality and personal freedom, the primary question is no longer 'Is it true?' but rather 'Does it matter?' hence the question of relevancy has taken precedence over the questions 'What does the text mean?' This book therefore confronts the question of meaning and shows how evangelicals may still clearly hear the Word from God amid the cacophony of the age.

bible verses on meditation: *Commonly Misunderstood Bible Verses* Ron Rhodes, 2008-08-01

The instruction and wonder of the Bible can be clouded when readers are uncertain about the meaning of some verses. Bible scholar and popular author Ron Rhodes (more than 1 million copies in combined sales) draws on his many years of studying and teaching Scripture to empower readers with knowledge, background, and truth. With clear and helpful explanations, Rhodes: identifies the most troublesome verses reveals important principles to help interpret them addresses the stumbling blocks from Genesis to Revelation helps readers become familiar with God's message clarifies the different literary genres of the Bible Whether read to satisfy curiosity, pursue deeper Bible study, or prepare for discussions with non-believers, this practical resource will open up the promises and meaning of God's Word and gives readers confidence in all of Scripture.

bible verses on meditation: 'From faith to faith'. Meditations in sonnet verse on the Scripture biographies of Abraham, Isaac, and Jacob. By a Bible student (T.A.W.). T. A. W., 1882

bible verses on meditation: *Go* Tricia Lynn Park Ph.D. R.N., 2022-10-24 "Go" is an outstanding comprehensive evangelism resource and training guide which is entirely Bible-based. It contains information that will ready all believers for the work of sharing the gospel. Readers learn all about salvation, witnessing, the lost, God, and the many benefits of salvation.

bible verses on meditation: *A Girl's Guide to Bible Journaling* Kristin Duran, 2020-12-15 Discover how to express your love for the Lord with the creative and easy-to-follow, step-by-step techniques and projects in this inspirational Bible journaling guide for teen girls. Bible journaling is an incredible way to connect to Scripture. By creating art next to sacred text, your understanding of it will deepen, as will the meaning of your most precious hopes and prayers. But while you may be excited to start journaling, it can be hard to know where and how to start! That's where A Girl's Guide to Bible Journaling comes in. With an easy-to-follow introduction on lettering, explanations of the various tools you'll need, step-by-step instructions on creating the alphabet, and tips on how to design your layout, you'll be journaling in your Bible in no time! From colored pencil to watercoloring, you'll learn how to create beautiful, inspired artwork in the margins of your Bible, even if you're a complete beginner. Looking to delve deeper? You'll also learn other strategies for Bible journaling, including utilizing the margins for sermon notes, personal prayers, Bible study, Scripture meditation, and more.

bible verses on meditation: *Repurposed Faith* Rosie Williams, 2016-10-04 Whatever happened to the days when you couldn't wait to sit down and read your Bible? When prayer flowed easily and powerfully? When you felt engaged and active in your spiritual life? Now, like so many Christians, your zeal may have faded without explanation, and you're left watching from the sidelines as others thrive in their personal walk with Christ. What happened? Life has a way of shaking us up, cluttering our priorities, and shifting our focus. When this occurs, our walk with the Lord is often disrupted. One morning, you wake up and realize there are only embers where once a spiritual fire roared. If you've found yourself in this place, don't be discouraged! *Repurposed Faith* is designed to refresh and redirect your priorities back to Christ and His Word. Through intentionally-written daily devotions, you will be prompted to search your heart for the "roadblocks" that have come between you and meaningful time with the Lord. From there, you will be guided back to a place where you connect and glorify God. Why continue in apathy, deprived of the intimacy and boundless joy of reconnecting with God on a daily basis? Take this moment to repurpose yourself and your faith.

bible verses on meditation: *From Valley to Victory: A Biblical Journey Through Anxiety and Depression* T.S.Burris, 2025-08-24 In a world where anxiety and depression affect millions, many Christians struggle to reconcile their faith with their mental health challenges. *Overcoming Anxiety & Depression from a Biblical Perspective* offers hope, healing, and practical guidance for those walking through the valley of mental health struggles. This comprehensive 250-page guide combines solid biblical theology with real-world application, providing readers with both spiritual foundations and practical tools for recovery. Through twelve carefully crafted chapters, readers will discover how Scripture addresses mental health, learn to break cycles of negative thinking, and build resilient faith that can withstand life's storms. What sets this book apart: Biblical Foundation: Every

chapter is grounded in Scripture, showing how God's Word speaks directly to anxiety and depression
Practical Application: Includes reflection questions, coping strategies, and actionable steps for healing
Personal Testimony: Features a powerful story of overcoming job loss, homelessness, and family breakdown through faith
Holistic Approach: Addresses the integration of faith, community, professional help, and medication
Hope-Centered: Focuses on God's ability to transform pain into purpose and suffering into strength
From understanding anxiety and depression in light of Scripture to building a spiritual first aid kit for crisis moments, this book provides a roadmap for recovery that honors both faith and mental health. Readers will learn how to find community support, overcome guilt and shame, restore joy through biblical practices, and prevent relapse through resilient faith. Whether you're personally struggling with mental health issues, supporting a loved one, or serving in ministry, this book offers biblical wisdom, practical tools, and genuine hope for the journey toward healing and wholeness. Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us. - Romans 5:3-5

bible verses on meditation: Historical Dictionary of the Holiness Movement William Kostlevy, 2009-08-03 It is much harder to define a religious movement than it is to define a religion or denomination. That applies especially when that movement almost defies definition as the Holiness Movement does. The Holiness Movement is a Methodist religious renewal movement that has over 12 million adherents worldwide. Perhaps the most familiar public manifestation of the holiness movement has been its urban holiness missions, and the Salvation Army-noted for its service ministries among poor and people suffering the dislocations that accompany war and disaster-is the most notable example. In the second edition of the Historical Dictionary of the Holiness Movement, important new developments in the Holiness Movement-such as the widely discussed Holiness Manifesto-are thoroughly discussed, and the content has also been expanded to include information on figures from Asia and Africa to reflect the continued growth of the Holiness Movement. With a chronology, an introductory essay, a bibliography, and over 400 cross-referenced dictionary entries, this reference has information that cannot be found elsewhere.

bible verses on meditation: The A to Z of the Holiness Movement William Kostlevy, 2010-04-01 It is much harder to define a religious movement than it is to define a religion or denomination. That applies especially when that movement almost defies definition as the Holiness Movement does. The Holiness Movement is a Methodist religious renewal movement that has over 12 million adherents worldwide. Perhaps the most familiar public manifestation of the holiness movement has been its urban holiness missions, and the Salvation Army-noted for its service ministries among poor and people suffering the dislocations that accompany war and disaster-is the most notable example. The A to Z of the Holiness Movement relates important new developments in the Holiness Movement-such as the widely discussed Holiness Manifesto-are thoroughly discussed, and the content has also been expanded to include information on figures from Asia and Africa to reflect the continued growth of the Holiness Movement. With a chronology, an introductory essay, a bibliography, and over 400 cross-referenced dictionary entries, this reference has information that cannot be found elsewhere.

bible verses on meditation: Home Worship: Selections from the Scriptures with Meditations, Prayer and Song for Every Day in the Year Joseph Parrish Thompson, 1871

bible verses on meditation: Know How God Changes Your Life Eswari Arunkumar, Arunkumar C, Chellappa Chandrasekaran, 2018-12-08 Know How God Changes Your Life, a handy book with hundred biblical verses, thoughts and prayers to God which will enable everyone to communicate with God and will increase and strengthen one's faith in our Lord Christ. This will be the most wanted book by all Christians who are entrenched in the complexities of day to day worldly life. The authors wish that you pick up this book from the book store, so that you would not miss a great opportunity. The authors suggest that readers should fully offer these prayers with all their heart, soul, mind and strength to the sovereign God. For a Christian prayer, to be offered to, and be

accepted, there must be a practical and living God, unlike chanting and, slogans addressed to a man-made god. This means then, that the man-made god never saves a man from sin. The vital consequence of redemption from sin through a prayer fellowship obviously requires a living God who actually and truly and directly deals with man. Even God himself teaches his disciples how to pray as we see in the gospel of St. Luke 11:1-4, highlighting praise for the Lord, sins, temptations and forgiveness. One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, Lord, teach us to pray, just as John taught his disciples. He said to them, When you pray, say: 'Father, hallowed be your name, your kingdom come, give us each day our daily bread. Forgive us our sins, for we also forgive everyone who sins against us. And lead us not into temptation' Praying is first of all a native tendency of humans. It is the deepest impulse of the soul of a man, and it is an universal tendency. It is a practice like breathing or eating in this respect, that men engage in it because they are human. This universal tendency to pray is revealed in Solomon's prayer at the dedication of the temple as written in 2 Chronicle 6:32,33

bible verses on meditation: *Women Choosing Silence* Alison Woolley, 2019-01-22 Silence is long-established as a spiritual discipline amongst people of faith. However, its examination tends to focus on depictions within texts emerging from religious life and the development of its practices. Latterly, feminist theologians have also highlighted the silencing of women within Christian history. Consequently, silence is often portrayed as a solitary discipline based in norms of male monastic experience or a tool of women's subjugation. In contrast, this book investigates chosen practices of silence in the lives of Christian women today, evidencing its potential for enabling profound relationality and empowerment within their spiritual journeys. Opening with an exploration of Christianity's reclamation of practices of silence in the twentieth century, this contemporary ethnographic study engages with wider academic conversations about silence. Its substantive theological and empirical exploration of women's practices of silence demonstrates that, for some, silence-based prayer is a valued space for encounter and transformation in relationships with God, with themselves and with others. Utilising a methodology that proposes focusing on silence throughout the qualitative research process, this study also illustrates a new model for depicting relational change. Finally, the book urges practical and feminist theologians to re-examine silence's potential for facilitating the development of more authentic and responsible relationality within people's lives. This is a unique study that provides new perspectives on practices of silence within Christianity, particularly amongst women. It will, therefore, be of significant interest to academics, practitioners and students in theology and religious studies with a focus on contemporary religion, spirituality, feminism, gender and research methods.

bible verses on meditation: *Seven Pathways* Mary Carmen Englert, 2023-08-01 *Seven Pathways* creates discipline and daily habits for spending meaningful time with God and builds peaceful margin in your day, so that you are refreshed and equipped to handle life's difficulties. Do you long for the presence of God? Many people desire a deeper relationship with God but have no idea how to find it. The Bible seems overwhelming. Prayers seem unanswered. The bewildering landscape of podcasts, Bible studies, and sermons only adds to the confusion. Even long-term Christians often struggle to know God intimately and feel his presence. You are not alone. In *Seven Pathways*, Mary Carmen Englert guides you through the simple spiritual practices that lead to a deeper relationship with the Creator. When a freak accident plunged Mary Carmen into a life of chronic pain, which now appears to be from a rare cancerous tumor-acinic cell cancer that was found during the editing of this book, she struggled to carry on a relationship with God. Yet day by day, she pursued him through the practice of gratitude. From there, God drew her closer through prayer, reading Scripture, song, and other simple spiritual disciplines. As her body struggles to recover, her spirit is strengthened to endure this journey and enjoy a renewed relationship with God. *Seven Pathways* is a spiritual journey you can take, starting right where you are, to know God better and more fully than ever before. You will:

- Experience the exceeding benefits of practicing gratitude regardless of your circumstance.
- Begin to hear the voice of God speaking to you through Scripture.
- Find your voice in speaking your heart to God in prayer and discover a practical weekly prayer

plan. · Refresh and realign your thoughts through soul-enriching music before a noisy crowd of stressors invade. · Gain basic insights for digging deeper into Bible study and acquire confidence that the Bible is a trusted source about God. · Rediscover the lost art of Christian meditation and its power to release greater peace and wisdom by meditating on God's Word. These historical Christian practices are integrated into a simple, creative, daily discipline to help you experience the presence of God in your everyday life. Join me and get in stride with God's voice through creating a regular rhythm in spending time with him through the Seven Pathways journey.

Related to bible verses on meditation

Go the Second Mile - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 5:38-42, meditating on the verses below will provide you with further insight and understanding of Christ's command: Go

Pray for Laborers - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 9:37-38, meditating on the verses below will provide you with further insight and understanding of Christ's command: Pray

Hear God's Voice - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 11:15, meditating on the verses below will provide you with further insight and understanding of Christ's command: Hear God's

Take, Eat, and Drink - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 26:26-27, meditating on the verses below will provide you with further insight and understanding of Christ's command:

Await My Return - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 24:42-44, meditating on the verses below will provide you with further insight and understanding of Christ's command:

Let Your Light Shine - Institute in Basic Life Principles In addition to meditation on Matthew 5:16, meditating on the verses below will provide you with further insight and understanding of Christ's command: Let Your Light Shine

Take My Yoke - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 11:28-30, meditating on the verses below will provide you with further insight and understanding of Christ's command:

Take No Thought - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditating on Matthew 6:25-26, 34, the verses below will provide you with further insight and understanding of Christ's command: Take No Thought.

Watch and Pray - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 26:41, meditating on the verses below will provide you with further insight and understanding of Christ's command: Watch and

Honor God's Law - Institute in Basic Life Principles In addition to meditation on Matthew 5:17-18, meditating on the verses below will provide you with further insight and understanding of Christ's command: Honor God's Law

Go the Second Mile - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 5:38-42, meditating on the verses below will provide you with further insight and understanding of Christ's command: Go

Pray for Laborers - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 9:37-38, meditating on the verses below will provide you with further insight and understanding of Christ's command: Pray

Hear God's Voice - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 11:15, meditating on the verses below will provide you with further insight and understanding of Christ's command: Hear God's

Take, Eat, and Drink - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 26:26-27, meditating on the verses below will provide you with further insight and understanding of Christ's command:

Await My Return - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 24:42-44, meditating on the verses below will provide you with further insight and understanding of Christ's command:

Let Your Light Shine - Institute in Basic Life Principles In addition to meditation on Matthew 5:16, meditating on the verses below will provide you with further insight and understanding of Christ's command: Let Your Light Shine

Take My Yoke - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 11:28-30, meditating on the verses below will provide you with further insight and understanding of Christ's command:

Take No Thought - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditating on Matthew 6:25-26, 34, the verses below will provide you with further insight and understanding of Christ's command: Take No Thought.

Watch and Pray - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 26:41, meditating on the verses below will provide you with further insight and understanding of Christ's command: Watch and

Honor God's Law - Institute in Basic Life Principles In addition to meditation on Matthew 5:17-18, meditating on the verses below will provide you with further insight and understanding of Christ's command: Honor God's Law

Go the Second Mile - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 5:38-42, meditating on the verses below will provide you with further insight and understanding of Christ's command: Go

Pray for Laborers - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 9:37-38, meditating on the verses below will provide you with further insight and understanding of Christ's command: Pray

Hear God's Voice - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 11:15, meditating on the verses below will provide you with further insight and understanding of Christ's command: Hear God's

Take, Eat, and Drink - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 26:26-27, meditating on the verses below will provide you with further insight and understanding of Christ's command:

Await My Return - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 24:42-44, meditating on the verses below will provide you with further insight and understanding of Christ's command:

Let Your Light Shine - Institute in Basic Life Principles In addition to meditation on Matthew 5:16, meditating on the verses below will provide you with further insight and understanding of Christ's command: Let Your Light Shine

Take My Yoke - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 11:28-30, meditating on the verses below will provide you with further insight and understanding of Christ's command: Take

Take No Thought - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditating on Matthew 6:25-26, 34, the verses below will provide you with further insight and understanding of Christ's command: Take No Thought.

Watch and Pray - Institute in Basic Life Principles Bible Verses for Meditation In addition to meditation on Matthew 26:41, meditating on the verses below will provide you with further insight and understanding of Christ's command: Watch and

Honor God's Law - Institute in Basic Life Principles In addition to meditation on Matthew 5:17-18, meditating on the verses below will provide you with further insight and understanding of Christ's command: Honor God's Law